



Alliance Exhibit Showcases Works Created With Fire And Heat



A Simple Thing (Part 2) by Patricia Fay

photos provided

The Alliance for the Arts September exhibit, entitled *Fired Up*, will feature the works of 29 Florida artists who have created their pieces using fire or heat in some way. The juried entries represent mediums such as ceramics,

glass, welded pieces, encaustics and installations.

The opening reception will be held on Friday, September 8 from 5 to 7 p.m. Juror Lee Brotherton will be on hand to present awards that will include



Relinquary Ice by Mary Voytek

\$300 for Best in Show, \$125 for second place and \$75 for third place.

On Saturday, September 9 at 6 p.m. during SoCo Second Saturday Art Crawl, exhibiting artists and Brotherton will hold a conversational walk-and-talk through the gallery as they discuss their works. This exhibit runs until September 30.

Admission to the gallery is free, but a \$5 suggested donation helps keep arts programming accessible.

From 93 entries, 46 pieces were selected by the juror. Artists include Thais Alvarez, Alyssa Baladad, JoAnne Bedient, Gianna Dubay, Patricia Fay, Ehren Fritz Gerhard, Eric Greenblatt, Carrie Keohane, Jay Lana, Sherry



Division by Beverly Yankwitt

Lavendar, Felipe Maldonado, Sandra Fay Mark, Deborah Martin, John Merchant, Rick Plummer, June Powell, John O'Brien, Marcia Preisler, Mary Etta Rokusek, Ronald Sebring, Gale Shablott, Joel Shapses, Barbara Simon, Toni Ferrell Sutton, Lynn Troyer, Mary Voytek, Beverly Yankwitt, Roseline Young and Peter Zell.

Brotherton has worked as an art gallery manager and sales consultant. During this time, she constantly dreamt of being a full-time artist. In her free

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Concert Series Begins Friday Night At Davis Art Center

The Noteworthy Concert Series will kick off on Friday, September 8 with a unique pairing of a band with a craft beer brewery. Cost for tickets is \$5 per concert. Doors open at 7 p.m. and the show begins at 8 p.m.

Soulxer will pair up with Old Soul Brewery for the first of four shows during September and October. Soulixer is a cosmic, three-piece concoction of just the right amounts of funk, rock and soul.

Guitarist and vocalist Thomas O'Brien, bass guitarist Mason Reinek and drummer Cayce Dillard formed as a band while attending high school in Cape Coral in 2010. They have since moved to Boston and put countless hours into performing and writing together. Their latest EP, *Sunchild*, released in June 2017, will be followed by a tour later in the year. For more information, visit www.facebook.com/Soulxer/

Started by a family in Fort Myers, Old Soul Brewing is known for crafting some

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Soulxer

photo provided



From left, Eve Krueger, Danny Catlow, Alison Gates, Greg Ott, Adam Archer and Lauren Walker

photo by Tim Shmidt

Nationally Known Improv Comedy Group To Perform

Get ready to laugh with The Second City. The legendary sketch and improv comedy theater in Chicago that incubated stars like Jim Belushi

and Tina Fey brings The Cure for The Common Comedy to downtown Fort Myers at The Sidney & Berne Davis Art Center on Friday, September 29 and Saturday, September 30. The evening begins with cocktails at 7 p.m. and the performance at 8 p.m. Cost is \$29 for advance tickets or \$35 at the door.

Cast members of The Second City

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Historic Downtown Fort Myers, Then And Now:

Strolling The City Dock Circa 1913



by Gerri Reaves, PhD

Strolling through a mall or shopping center tells us something about the fabric of the local economy, consumer trends, popular culture and how everyday people live.

Similarly, a visual stroll of this historic photo of the City Dock (aka Jackson Street Dock) reveals details about life in Fort Myers circa-1913.

The City Dock was one of several important economic powerhouses on the riverfront at that time. Others where the “twin” Hendry Street Dock (aka Ireland Dock) and the enormous Lee County Packing Plant near the foot of Monroe.

The City Dock functioned more like a proper street than a pier, as evidenced by its great width and the presence of large vehicles and powerline poles.

Also in evidence is its ramshackle appearance, which was a perennial topic of discussion among civic leaders who wanted to clean up the riverfront and make it a tourist draw along European lines.

To capture this bird’s-eye southward view, the photographer probably stood on the roof of a small warehouse. From that perch, he captured the skyline from Jackson to Hendry and beyond.

At the right center of the photo is the back of the Bradford Block. Off in the left distance is the peak of the recently built three-story Bank of Fort Myers Building on the southwest corner of First and Jackson.

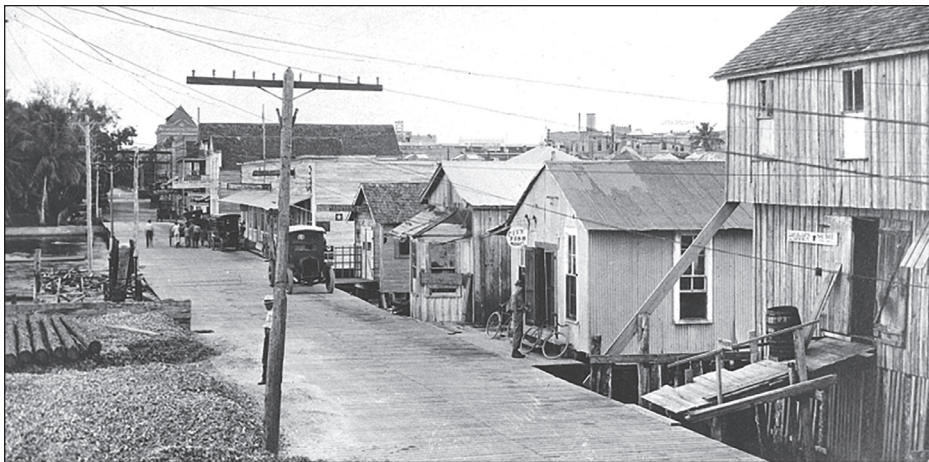
The line of dock structures sweeping diagonally to the right lower corner ends approximately where Edwards Drive is today.

The second-story balcony at the photo’s center stands at Bay Street, which circa-1913 resembles a mere well-worn path along the riverfront. Not until the early 1920s would a modern-paved Bay Street exist between Lee and Monroe.

A left-to-right survey of the historic photo shows that a few of the town’s oldest and best-known businesses were operating on this stretch of Jackson more than a century ago.

For example, two legendary businesses were located in the balconied building at Bay Street, the Campbell and Moger Cigar Factory and Ike Shaw’s taxidermist shop. The wide rectangular sign advertises the former, and the smaller sign beneath it says “taxidermist.”

In that first tiny building where the dock begins is a tailor and clothes-cleaner’s shop



Circa 1913, the City Dock, or Jackson Street Dock, was home to a cigar factory, a steamboat line, a taxidermist, a fish market, and more. Bay Street (left distance) is an unpaved riverfront path.

photo courtesy SWFL Florida Historical Society



The dock, built in 1885, was demolished in the late 1930s and fill has extended Jackson Street. The peak of the Bank of Fort Myers Building (left distance) is a useful marker to compare photos.

photo by Gerri Reaves

that is significant for simply being in the heart of downtown at that time, Ford & Robinson, an African-American business owned by HP Ford and JH Robinson.

It was not the only African-American business to be located on the dock or in the main business district in early Fort Myers, but it might have been the last on the dock.

In the early 19-teens, Jim Crow laws were strictly racially segregating business and social life, and African-American businesses were pushed out of white downtown.

Moving right, the five-storefront building behind the pole housed businesses selling paint, awnings and tents.

A car is parked (center) in front of Guzman Perez’s cigar factory.

The man wearing a hat is standing by the entrance to the City Fish Market, another long-lived Fort Myers business.

The ramp on the far right leads to a store whose sign advertises “ladies alligator hand bags,” an in-demand accessory in early Florida, indeed, around the world. The building might be storage for Ike Shaw, who was later located near there.

(To complete the scene, it should be noted that out-of-frame were at least three businesses of some historical significance: AE Raymond Machine Shop and Boatways, BB Hawkins’s Coca-Cola plant, and a steamboat line.)

The problem of the dock’s unsightly appearance was solved for good in the late 1930s when the City Dock was demolished in preparation for the construction of the Fort Myers Yacht Basin.

Pioneer docks gave way to modern ones that welcomed yachts, houseboats and elegant fishing boats.

Through the miracle of fill, a former planked thoroughfare is now part of the real Jackson Street.

Stroll down to Jackson and imagine the diversity of businesses that once existed on a downtown pier.

Then visit the following two research centers to learn more about riverfront history.

The Southwest Florida Historical Society is an all-volunteer, non-profit organization open Wednesday and Saturday between 9 a.m. and noon and Wednesday 4 to 7 p.m. It is located at 10091 McGregor Boulevard on the campus of the Lee County Alliance for the Arts. Call 939-4044 or visit www.swflhistoricalsociety.org for more information.

The Lee County Black History Society is located at 1936 Henderson Avenue, adjacent to the Williams Academy Museum at Roberto Clemente Park.

Hours for the all-volunteer, non-profit organization are Wednesday through Friday from 11 a.m. to 4 p.m. and on Saturday by appointment only.

For information, call 332-8778 or visit www.leecountyblackhistorysociety.org.

Sources: Archives of the Southwest Florida Historical Society and Fort Myers News-Press.✧

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FGCU Wind Orchestra

photo provided

Wind Orchestra At Artis-Naples September 24

The Bower School of Music & the Arts at Florida Gulf Coast University will present the FGCU

Wind Orchestra in a concert entitled Tales of American Landmarks at Hayes Hall at Artis-Naples on Sunday, September 24 at 3 pm. The ensemble is conducted by Rod M. Chesnutt, Bower School of Music head of instrumental studies, .

The FGCU Wind Orchestra will kick off the 2017-18 season of Telling Tales

with Tales of American Landmarks. The program is composed of music describing American Landmarks and National Parks. Works include William Schuman's angular *George Washington Bridge*, Dan Welcher's majestic *Zion*, Aaron Copland's inspiring *Variations on a Shaker Melody* from Appalachian Spring and Michael Daugherty's riveting

Niagara Falls.

Tickets are \$15 and available for purchase online at www.fgcu.edu/CAS/Music/student-ensembles, or at the door at Artis-Naples, 5833 Pelican Bay Boulevard, in Naples.

For more information, contact Joanna Hoch at 745-4268 or jhoch@fgcu.edu.

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Students participate in the MusicWorks! program at The Heights Center photo provided

Benefit For Music Program

An event benefiting the MusicWorks! program for children in Harlem Heights will be held Wednesday, November 8 from 5:30 to 9 p.m. at The Heights Center at 15570 Hagie Drive in Fort Myers. The fundraiser will feature live entertainment, cocktails, heavy hors d'oeuvres, a live auction and a performance by the MusicWorks! students. All proceeds will benefit the MusicWorks! program at The Heights Center. MusicWorks! was launched in

2015 by the Gulf Coast Symphony and provides daily instruction in string, woodwind, brass and percussion instruments to underserved youth in the Harlem Heights neighborhood. "We have seen a transformation in the lives of our MusicWorks! students over the past two years, not only in their musical development, but also in their improved academic grades, self-esteem and behavior," said Dr. Andrew Kurtz, music director and executive director of The Gulf Coast Symphony. "The support of our community allows us to continue providing full tuition scholarships to the 65 students at in

MusicWorks! at The Heights Center this year." Tickets are \$75 each, and space is limited. VIP upgrades and sponsorships are also available. Purchase tickets at www.heightsfoundation.org/beautifulmusic or call Karen Lesza at 482-7706.✪

Estates To Host Rhythm On The River September 15

The Edison & Ford Winter Estates' monthly Rhythm on the River event continues at The Marina at Edison Ford on Friday, September 15 from 5:30 to 8:30 p.m. The event will feature performers Danny Morgan and Andrea Prather from Thank You For The Dance Entertainment. A cash bar and limited menu from Pinchers Crab Shack will be available. The event will be held in the marina's air-conditioned ballroom where guests will have a river view. There is no admission charge for this event. For more information, contact Edison & Ford Winter Estates at 334-7419.✪



Danny Morgan and Andrea Prather photo provided

Pet Appreciation Week Event

The Tractor Supply Company in North Fort Myers is welcoming all leashed, friendly animals to visit the store during Pet Appreciation Week from Wednesday, September 13 to Sunday, September 17. "Pet Appreciation Week is our time to meet and celebrate every pet you could imagine finding out here," said Manager Adolfo Lopez. "We look forward to greeting your family pets at the store, and, on Saturday, we hope to help some families take home an adoptable animal from one of our community rescues." Pet Appreciation Week, the retailer's biggest pet food and supply sale of the year, will kick off with a pet supply drive to support local pet and animal groups that partner with the store. Customers can drop off new sealed food, toys, cleaning

supplies and other essential pet accessories such as beds, scratching posts, leashes and bowls to be donated to local rescues and shelters in the community. "Our local animal rescues are most successful when the community rallies behind them, and this year we have the ability to make a major impact," said Adolfo Lopez. "After all, Pet Appreciation Week is about celebrating all of our community's pets and animals, and that includes the ones living in our local shelters." On Saturday, September 16, Tractor Supply Company will host a Pet Appreciation Week community event featuring pet adoptions, demonstrations on pet nutrition and a free Greenies dental dog treats for customers while supplies last. This year's Pet Appreciation Week community event will also include Bayhound Greyhound Adoptions from 10 a.m. to 3 p.m. For more information on the week's events or to participate, contact the Tractor Supply Company at 567-3023.✪

Becoming Cosmopolitan: Fire & Ice Tickets

Tickets are now on sale for the 12th annual Becoming Cosmopolitan event presented by FineMark National Bank & Trust to be held at the Sidney and Berne Davis Arts Center on Thursday, October 5 from 6 to 9 p.m. The fundraiser benefits women and children's programming at Community Cooperative. This year's theme Fire & Ice will have guests experiencing the "allure and intrigue of all things fire and ice" while tasting signature cocktails and food delights by G3 Catering. Fire & Ice will offer uniquely

themed silent and live auction items, as well as the infamous Key to the Closet raffle where one lucky lady will win over \$3,000 worth of amazing items. "We are so excited with how this year's event is coming together," said Tracey Galloway, CEO of Community Cooperative. "It's going to be a wonderful night of fun and friendship in support of those less fortunate in our community." Cost for tickets is \$125 for general admission and \$200 for VIP tickets. A special Girlfriends Package includes four general admission tickets for \$400. The Sidney and Berne Davis Arts Center is located at 2301 First Street in downtown Fort Myers. For more information or to purchase tickets, call 332-7687 or visit www.CommunityCooperative.com.✪

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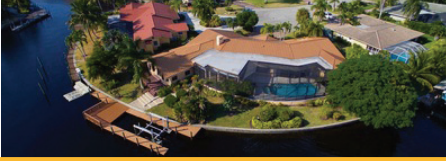
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by Tom Hall

Sordid Lives opens at the Laboratory Theater of Florida on Friday, September 15.

Set in a small town in Texas, the play involves a family gathering to deal with the death of their elderly matriarch. Their grief is made all the more difficult because the details of her demise are sure to cause embarrassment.

However, the family members themselves give reason enough for embarrassment, as we see them at both their best and their worst (think big hair, lots of booze, cheating, revenge, cross-dressing and guns). Loosely based on the playwright's own life, this is an over-the-top black comedy about white trash... and what it means to be yourself.

Joining the cast is Patrick Erhardt, who's had a busy summer.

When Lab audiences last saw him, Erhardt was playing a woman in the cult classic summer smash *Whatever Happened to Baby James: A Parody of the Horror*. *Sordid Lives* is also something of a cult classic with LGBT fans, particularly in the South. And in *Sordid Lives*, Erhardt's character finds himself at the vortex of considerable controversy and angst.

Erhardt reprises the role of Wardell "Bubba" Owens. The proprietor of Bubba's Bar, he employs lounge singer Bitsy Mae Harling (played by Shelley Rae Sanders). Bubba is also GW Nethercott's good friend. GW is persona non grata at Peggy Ingram's wake and funeral. It seems, you see, that Peggy tripped over GW's prosthetic wooden legs in the seedy motel where they were enjoying a clandestine tryst. Not as nimble or agile as she was when she was younger, the cougar lunged forward, struck her head on the bathroom sink and bled to death right then and there. Sad and unfortunate in its own right, the event

A scene from *Sordid Lives*

photo courtesy www.artswfl.com

turns out to be shockingly scandalous considering that GW was Peggy's much, much younger neighbor and married, to boot. He and his wife, Noleta, also live next door to Peggy's chain-smoking younger sister, Sissy, and Noleta and Peggy's younger daughter, LaVonda Dupree, are best friends.

But wait! There's more – much more – intrigue.

Besides LaVonda, Peggy left behind two other children, a daughter by the name of Latrelle and

a boy named Earl (what, you thought it was going to be Sue?). Nicknamed "Brother Boy," Earl is the black sheep of the family. Neither Peggy nor the small Texas town of Winters is terribly enlightened, and Peggy had her son institutionalized more than 20 years ago for being both gay and a cross-dresser. From Bubba's perspective, there are worse things than dressing up like Tammy Wynette. It's not that Bubba likes rock or hip hop. It's because Bubba has become the object of Brother Boy's affections.

After working closely with Randall Kenneth Jones, Rob Green, Jack Weld and the rest of the *Baby James* cast, Erhardt is primed to work with another large cast and roster of zany characters.

Prior to playing Mrs. Bates in *Baby James*, Erhardt was just in *Body & Sold*. Erhardt made his Lab Theater debut earlier this season in Arthur Kopit's *Wings*, where he played the roles of one of the doctors and a stroke veteran by the name of Mr. Brownstein. Erhardt has more than 25 years of theatrical experience, both on stage and behind the director's chair. His favorite roles have been Tevye in *Fiddler on the Roof*, Jacques in *Stinkin' Rich* and various roles in *Les Miserables*.

Another cast member is Shelley Sanders, who plays the role of songstress Bitsy Mae Harling.

Mae Harling prefers any color except orange. She'd had enough of orange during her 16 months in prison. And it was the bright orange flames that consumed her lying, cheating boyfriend's trailer in the first place that landed her in the Texas penitentiary system for arson – a crime which, by the way, she didn't commit. Peggy was the only one who believed in her innocence, and it was Peggy who picked her up when she was released from prison and gave her a place to live when she had nowhere else to go. And now she was gone, just like her mom and her drunk of a father, and everyone else Bitsy had ever loved or cared about. Now a lounge singer, it is Bitsy's role to sing at the wake for Peggy's collection of equally damaged family and friends.

This is the role that Olivia Newton John made famous. And it falls on Sanders to reprise the role for the Laboratory Theater of Florida. Fortunately, Sanders has proven through past performances that

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FGCU Presents Fresh Check Day

Florida Gulf Coast University (FGCU) is holding Fresh Check Day on the campus library's lawn on Wednesday, September 13 from 11 a.m. to 2 p.m. The concept, created by The Jordan Porco Foundation, is designed to bring together the campus community to "check-in" on the mental health and wellness of college students.

Participation is free. The event has been organized by FGCU's Counseling & Psychological Services; Prevention & Wellness; Dean of Students' Office; Adaptive Services; and Student Health Services in collaboration with other campus departments, student volunteers and representatives of The Jordan Porco Foundation.

The FGCU Library lawn will be transformed into an expo-like atmosphere to bring together interactive exhibits combined with music, food, prizes and giveaways. The booths will feature peer-to-peer messaging in a positive, community-focused setting. Food will be sponsored by Florida Southwest Chapter of the American Foundation of Suicide Prevention. In the event of rain, the event

will be held in covered areas near the library lawn.

For more information, visit www.freshcheckday.com/schools/florida-gulf-coast-university/.*

Library Move Rescheduled

The planned move of the North Fort Myers Library to its temporary location has been rescheduled from September 9, 10 and 11 to September 23, 24 and 25 due to the approach of Hurricane Irma and the uncertainty of its path.

The move is in preparation for the construction of the new North Fort Myers Library. The existing library will move to a temporary location nearby at 50 Pine Island Road North in North Fort Myers. The current library will close at 5 p.m. Saturday, September 23 and reopen in the temporary facility at noon Tuesday, September 26. Materials may be returned to the book drop at the temporary location beginning 5 p.m. Saturday, September 23.

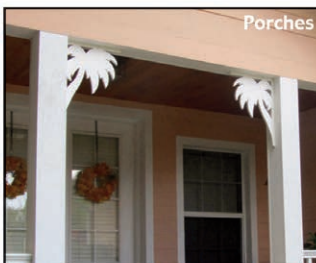
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Artists participate in a previous Sundowner painting event

photo by Michele Buelow

Artists Sought For Plein Air Festival

Calling all art aficionados for the 8th annual Paint the Beach plein air festival, scheduled for November 7 to 12 on Fort Myers Beach. Hosted by Fort Myers Beach Art Association, the festival invites artists to paint throughout the island from Main Street to Lovers Key State Park from November 7 to 9.

More than 60 artists from all over the country are expected to participate in the weeklong event. As the artists paint, everyone is invited to watch. Artists will show and sell their work in the festival tent in Santini Marina Plaza on Friday, November 10 from 5 to 8 p.m., on Saturday, November 11 from 9 a.m. to 6 p.m. and on Sunday November 12 from 10 a.m. to 2 p.m.

On Wednesday, November 8, there will be a special Sundowner painting event in front of Junkanoo on the Beach as the sun is setting. Artists will begin painting at 4 p.m. and end at 6 p.m. with a gathering at the Fort Myers Beach Art Association (FMBAA) immediately afterward.

Join the artists at the Collectors Preview and Awards Reception in the Santini Marina Plaza tent on Friday, November 10 from 5 to 8 p.m. Tickets are \$10 for this reception and available at www.paintthebeach.com. Prizes will be awarded.

Quick Draw will be held at Times Square on Saturday, November 11. Artists will have from 9 to 11 a.m. to create a painting. Adult and student divisions will be awarded prizes immediately after, and art will be for sale. Thirty adults and many high school art students will participate.

To find out more about sponsorship opportunities and support, visit www.PainttheBeach.com or contact Marie Crist at paintthebeachfmb@gmail.com for more information.

If you would like to host an out-of-town artist in your home for the week of the event and have a personal investment in this event, contact Dorothy McDowell at paintthebeachfmb@gmail.com

Junkanoo on the Beach is located at 3040 Estero Boulevard. FMBAA is located at 3030 Shell Mound. Santini Marina Plaza is located at 7205 Estero Boulevard.✱

Library To Host Acclaimed Blogger

Pack your suitcase and climb aboard the Authentic Florida travel tour as native writer and award-winning blogger Robin Draper presents an “off the beaten track” journey at Fort Myers Regional Library.

Sponsored by Friends of the Fort Myers Library, the program will be held Monday, September 18 at 6:30 PM.

A Sarasota native, Draper is the owner of www.AuthenticFlorida.com, a travel and lifestyle blog devoted “to the simple and delightful pleasures for Florida living.” Authentic Florida is intended to inspire discovery of the accessible, yet under-appreciated areas of the state. Draper’s lifelong passion has been discovering Florida’s genuine side – some old, some new – but most are “simple and affordable.” She will share her favorite destinations throughout Florida with a focus on travel in the Southwest. Whether you fancy a day trip or a road adventure, these excursions will deepen your love of the sunshine state. Draper not only shares her tips for travel, but also incorporates her philosophy for enjoying “authentic Florida” living.

The Fort Myers Regional Library is located at 1651 Lee Street. The free program will be held in the meeting rooms. Register at <http://bit.ly/FML918>.



Robin Draper

photo provided

Draper writes columns for *Florida Today/USA Today*, *Harbor Style Magazine*, *Edible Orlando* and blogs for *Sarasota Magazine*. Authentic Florida has been recognized as the Best Blog of the Year, the Best Travel Blog, and Best Food Blog at the Florida Bloggers Conference Sunshine Awards. She was also awarded 13 Excellence-In-Craft awards by the Florida Outdoor Writers Association for her blogs, print articles and videos.✱

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Along The River

Take your doggie to a **pirate-themed Yappy Hour** block party at **Bell Tower Shops** at Center Court this Friday, September 8 from 6 to 8 p.m.

This month's Yappy Hour will feature a costume contest to name the best pirate pooch of the seven seas. The contest's winning dog and owner will receive a special treasure. Pets and their owners are invited to come decked out in pirate gear for a chance to win. An onsite \$5 donation to the Gulf Coast Humane Society is requested per dog to enter.

There will be live music by Peter Kolter and Constantine Grim of the Electric Mud, a bounce house, a sidewalk chalk station, lawn games and more. Cru will be selling beer and wine and Omaha Steaks will sell \$2 hot dogs and \$1 bottles of water. All proceeds will be donated to the Gulf Coast Humane Society. Pets Du Soleil Photography will be offering pet portraits, with 25 percent of the proceeds benefiting the Gulf Coast Humane Society.

For more information, visit www.belltowershops.com or www.facebook.com/BellTowerShop.

Join a Lee County **Bird Patrol** Guide at **Bunche Beach** this Saturday, September 9 at 7:30 a.m. Participants meet on the beach located in South Fort Myers, off Summerlin Road.

Bunche Beach is excellent for both migrant and resident waders and shorebirds working the mudflats at low



SoCo Second Saturday Art Crawl will have many vendors selling their wares

photo courtesy www.socoswfl.com

tide due to the diversity of micro-invertebrates. Provided in cooperation with Lee County Parks and Recreation, this event is free with parking fee of \$2 per hour (tour is approximately two hours). Bring binoculars, sun protection, shoes that can get wet, a bottle of drinking water, your curiosity and love of nature.

For more information, call 707-3015 or visit www.birdpatrol.org.

Florida Gulf Coast University (FGCU) Alumni Association **bowling fundraiser** will be held at **HeadPinz Entertainment Center** this Saturday, September 9 at 4 p.m.

To register, visit www.alumni.fgcu.

edu. For more information, call Angela Kunkle, assistant director of alumni relations, at 745-4343.

HeadPinz Entertainment Center is located at 14513 Global Parkway in Fort Myers.

The monthly **SoCo Second Saturday Art Crawl** will showcase another artful night along the SoCo Cultural District this Saturday, September 9 from 6 to 10 p.m.

The crawl is a rain or shine event. The SoCo Cultural District location encompasses the block south of Colonial Boulevard, from the corner of McGregor Boulevard to Summerlin Road, to Royal Palm Square Boulevard and back to McGregor Boulevard.

Participating SoCo cultural venues include Alliance for the Arts, DAAS CO-OP Art Gallery & Gifts, Ocasiocasa, The Union Artist Studios and Crafted, Catch 22, A Swedish Affair, Broadway Palm Dinner Theatre, Suzanne's Dance Fitness, Studio Os Urbanos and the City of Palms Studio. Vendors will set up at various locations in the Royal Palm Square, offering their handmade and fine-crafts during the event. Musical performances at the Royal Palm Square are also scheduled for the night.

For more information, visit www.socoswfl.com.

Broadway Palm Theatre is holding **open children's auditions** this Sunday, September 10 at 1 p.m. for the upcoming production of *A Christmas Story*. The play runs November 23 through December 25. Auditions are on a first-come, first-served basis. A sign-up sheet will be available at noon. No appointments will be taken.

Theater officials will be casting the roles of boys and girls with an age range of 7 to 15 and a size limitation of 5 feet, 2 inches for youth ensemble actors. Dance/movement skills are required. Tap skills are a plus.

Performance schedules are available at www.BroadwayPalm.com. Anyone interested must be available for the rehearsal process and all alternated, assigned performances.

Broadway Palm Theatre is located at 1380 Colonial Boulevard in Fort Myers. For more information, call 278-4422.

Clergy, elders, board members and youth ministry of all faiths are cordially invited to attend a free dinner and educational opportunity at the **Riverside Church** of Fort Myers this Thursday, September 14 from 5 to 7 p.m. There will be an **open discussion** regarding the global impact of Alzheimer's disease and related dementias on your organization now and in the future.

A guest panel will discuss the importance of education regarding dementia, family outreach, free community resources and free training offered to any faith-based organization willing to develop a plan of action.

This program is provided by the Alvin A. Dubin Alzheimer's Resource Center, in partnership with Lee County Sheriff's Office, Mind and Brain Care, Grace Church of Cape Coral, Choices in Living Adult Day Care, Shell Point Retirement Community, Comfort Keepers, Right at Home, and Prather and Swank, PA.

A complimentary dinner will be served.

Riverside Church of Fort Myers is located at 8660 Daniels Parkway. To RSVP, call 437-3007 no later than September 13.*



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Relief Funds Established For Flood Victims

The Southwest Florida Community Foundation has joined forces to create giving funds to help local neighbors enduring the effects of flooding and those displaced due to Hurricane Harvey.

Established in partnership with the United Way of Lee, Hendry, Glades and Okeechobee Counties, Lee County Emergency Management and Lee County Human Services, along with the Red Cross and the Salvation Army, the foundation has opened the Southwest Florida Flood Relief Fund. The fund is a way for community members to help neighbors in need in the aftermath of the storms and floods displacing

residents across the region, especially south Lee County.

One hundred percent of the funds donated through the Southwest Florida Community Foundation will be used by the United Way to provide emergency funds to directly help people displaced from their homes and those suffering loss due to the floods.

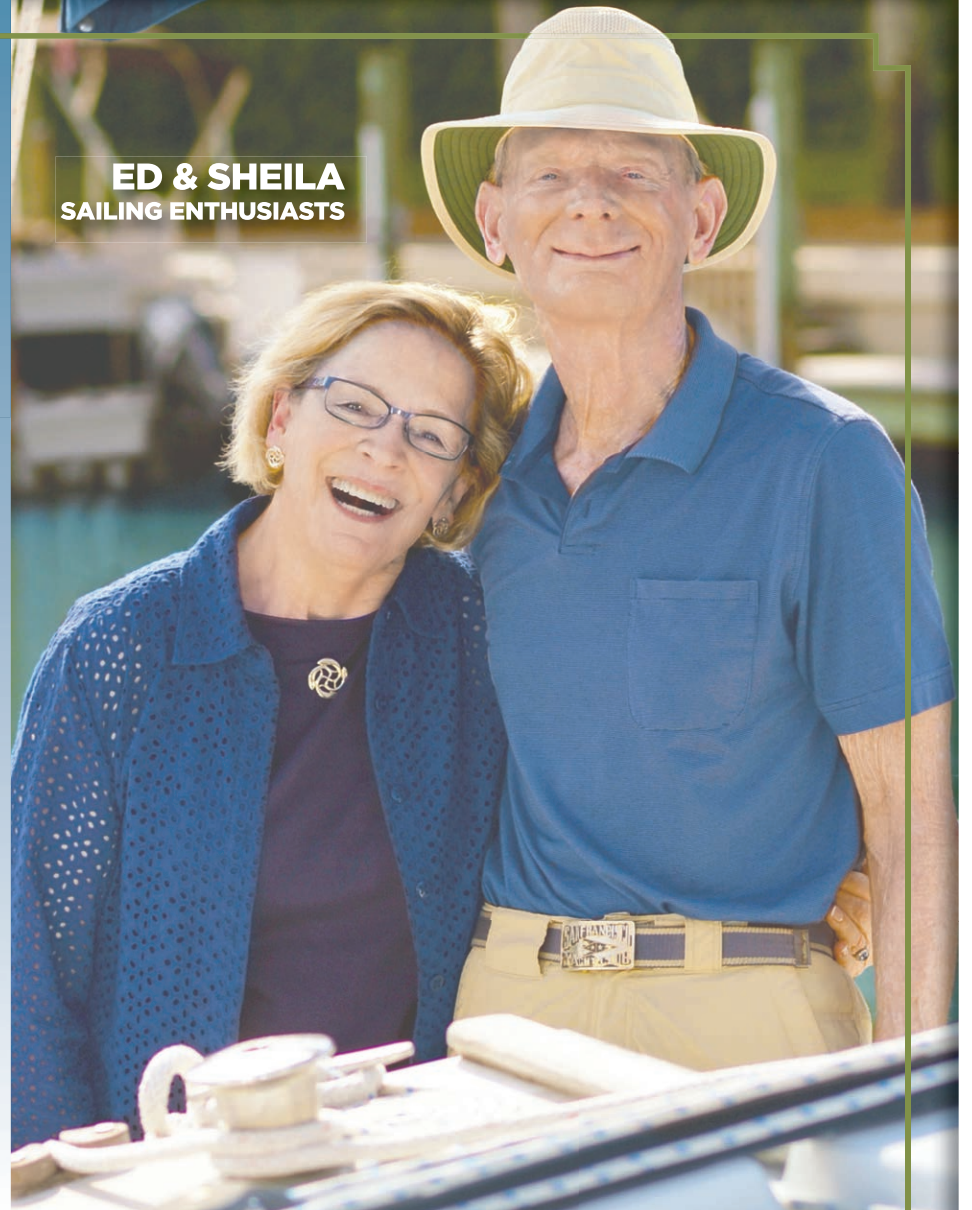
In addition, the Community Foundation is partnering with the Greater Houston Community Foundation, a lead organization providing immediate emergency funding and supporting recovery service organizations in the aftermath of Hurricane Harvey, in creating the Hurricane Harvey Fund of the Southwest Florida Community Foundation with all funds raised to be sent to aid those affected in Texas.

Donors can give at www.FloridaCommunity.com.*

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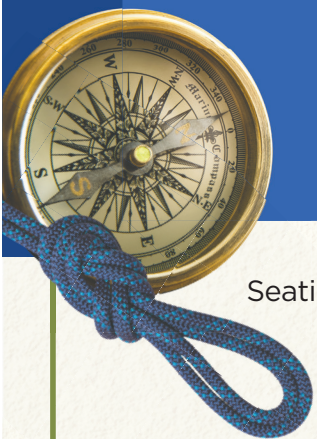
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Entrepreneur Next Door Speaker Series

Benson Blackburn, LLC, is partnering with Cohen & Grigsby, PC to welcome Landon and Kat Eckles of Clean Juice, as keynote speakers for its Entrepreneur Next Door Speaker Series at Endeavor Innovative Workplaces on Thursday, October 5. Endeavor members are welcome to arrive at 4:30 p.m. for an exclusive meet-and-greet with the speaker, following a networking opportunity at 5 p.m. for the public and the presentation beginning at 5:30 p.m.

Kat Eckles, who graduated from Wilmington University with a bachelor of sciences degree in psychology, found her passion for all things wellness after having her first daughter in 2007. Spending the succeeding years diving into the dynamic world of nutrition, she became obsessed with the indisputable benefits received from eating an organic and plant heavy diet. She is expected to finish a health coach certification from the Institute of Integrative Nutrition later in 2017.

Landon Eckles, who graduated from Moravian College with a bachelor of arts degree in business administration in 2007, spent five years in sales and management in the pharmaceutical industry before moving into a managing partner role for Rose Rock Group, a global investment management firm



Kat and Landon Eckles photo provided

specializing in Asia specific projects. Although this career was exciting and enlightening, the weeks of international travel that the position required was not conducive to the healthy family life that was a priority for Eckles.

In 2014, Landon decided to take a step back from Rose Rock. The Eckles then founded Clean Juice.

The Entrepreneur Next Door Speaker Series was established to create an ecosystem where entrepreneurs, business owners and service professionals could congregate to share experiences and insight. The speaker series brings this community together to hear

from growing entrepreneurs and business owners. Landon graduated from Moravian College with a bachelor of arts in business administration in 2007. Endeavor Innovative Workplaces is

located at 8831 Business Park Drive unit 301 in Fort Myers.

For more information or to RSVP, contact Elizabeth Lewis at 348-1800 or email elewis@bensonblackburn.com.✱

Osprey Helps Couple Celebrate



An osprey dries its wings

submitted by Tom Rodgers

photo by Tom Rodgers

This osprey comes to take his bath in our Myerlee North Lake home about once a week. This week, he

just happened to come by on our 53rd wedding anniversary and spread its wings to dry. It was a nice gesture and treat as we were camera-ready.✱

Churches/Temples

ALL FAITHS UNITARIAN CONGREGATION

Sunday 10:30 a.m., 2756 McGregor Boulevard, allfaiths-uc.org, 226-0900.

ALL SAINTS BYZANTINE RITE CATHOLIC

Sunday 10:30 a.m. 10291 Bayshore Road, 305-651-0991.

ANNUNCIATION GREEK ORTHODOX

Sunday 9 and 10 a.m. 8210 Cypress Lake Drive, annunciation.fl.goarch.org, 481-2099.

BETH SHILOH MESSIANIC SYNAGOGUE

Friday 8 p.m., Saturday 11 a.m. 15675 McGregor Boulevard, 437-3171.

BIBLESHARE

10 a.m. Sunday and 7 p.m. Tuesday, 7050 Winkler Rd, Suite 121, www.simplysimpleworship.com, 437-8835.

BREAD OF LIFE MINISTRIES

Sunday 10:30 a.m. 16581 McGregor Boulevard, 267-3166.

CHABAD LUBAVITCH ORTHODOX

Friday 6:30 p.m. 5620 Winkler Road, chabadswf.org, 433-7708.

CHAPEL OF CYPRESS COVE

Sunday 10 a.m. 10200 Cypress Cove Circle, revtedalhouse@aol.com, 850-3943.

CHURCH OF THE CROSS

Sunday 9:15 and 10:45 a.m. 13500 Freshman Lane, 768-2188.

CONGREGATIONAL

Sunday 10:30 a.m. 1619 Llewellyn Drive, taecc.com, 334-4978.

COVENANT PRESBYTERIAN

Sunday 10 a.m. 2439 McGregor Boulevard, 334-8937.

CYPRESS LAKE BAPTIST

Sunday 9:45 and 11 a.m., 7 p.m.; Wednesday 6:30 p.m. 8400 Cypress Lake Drive, 481-5442.

CYPRESS LAKE PRESBYTERIAN

Sunday 8, 9, 10 and 11 a.m. 8260 Cypress Lake Drive, www.clpc.us, 481-3233.

CYPRESS LAKE UNITED METHODIST

Sunday 8, 9:30 and 11 a.m. 8570 Cypress Lake Drive, 482-1250.

FAITH FELLOWSHIP WORLD OUTREACH

Sunday 10:30 a.m., Thursday 7:30 p.m., Friday 7:30 p.m. 6111 South Pointe Boulevard, 278-3638.

FAITH UNITED METHODIST

Sunday 8:45 and 10:30 a.m. 15690 McGregor Boulevard, 482-2030.

FIRST CHURCH OF CHRIST, SCIENTIST

Sunday 10:30 a.m. 2390 West First Street, christiansciencefortmyers.net, christianscience.com.

FIRST CHURCH OF THE NAZARENE

Sunday 10:30 a.m. and 6 p.m. 13545 American Colony Boulevard, 936-2511.

FIRST UNITED METHODIST CHURCH

Sunday 9:30 a.m. and 5:30 p.m. 2466 First Street, www.fumcftmyers.org, 332-1152.

FORT MYERS CHRISTIAN

Sunday 10:30 a.m., 5916 Winkler Road, 437-4330.

FORT MYERS CONGREGATIONAL

UNITED CHURCH OF CHRIST; Sunday 10 a.m., 8210 College Parkway, 482-3133.

IONA-HOPE EPISCOPAL CONGREGATION

Saturday 5 p.m.; Sunday 8 a.m. and 9:30 a.m.; Tuesday 9:30 a.m.; Wednesday 9:30 a.m. 9650 Gladiolus Drive, 454-4778.

JESUS THE WORKER CATHOLIC

Friday and Saturday, 7 p.m.; Sunday 8, 10 a.m. and 6 p.m. 881 Nuna Avenue, 481-1143.

KINGDOM LIFE

Sunday 10:30 a.m. 2154 McGregor Boulevard, 218-8343.

LAMB OF GOD

Sunday 7:45 and 10 a.m. 19691 Cypress View Drive, lambogodchurch.net, 267-3525.

NEW BEGINNINGS CENTER

Friday 6:30 and 7 p.m. 8505 Jenny Cae Lane, nbcministry@embarqmail.com, facebook.com/nbcministry, 656-0416.

NEW COVENANT EYES

Monthly 9 a.m. 1900 Park Meadows Drive, newcovenanteyes.com, 220-8519.

NEW HOPE BAPTIST

Sunday 11 a.m.; Wednesday 7 p.m. 16120 San Carlos Boulevard, Unit 10, 985-8503.

NEW HOPE PRESBYTERIAN

Sunday 8, 9:30 and 11 a.m. 10051 Plantation Road, www.newhopefortmyers.org, 274-1230.

PEACE COMMUNITY

Sunday 10:30 a.m. [www.17671 Pine Ridge Road](http://www.17671PineRidgeRoad.com), peacecommunitychurch.com, 267-7400.

PEACE LUTHERAN

Sunday 9:30 a.m. 15840 McGregor Boulevard, www.peaceftmyers.com, peace@peaceftmyers.com, 437-2599.

REDEEMER LUTHERAN

Sunday 8:15 and 10:15 a.m. 3950 Winkler Ext., 274-0143.

RIVER OF LIFE ASSEMBLY OF GOD

8, 9:45 and 11:30 a.m. 21580 River Ranch Road, 495-0400.

SAMUDRABADRA BUDDHIST CENTER

Meditation classes. MeditationInFortMyers.org, 567-9739.

SAINT COLUMBKILLE CATHOLIC

Monday through Saturday 8 a.m.; Saturday 3 and 5 p.m.; Sunday 7, 9 and 11 a.m., 5:30 p.m. 12171 Iona Road, 489-3973.

ST. FRANCIS XAVIER CATHOLIC

Monday through Thursday 6:45 a.m.; Friday 6:45 and 11 a.m.; Saturday 4 p.m.; Sunday 6:45, 9:30 and 11 a.m. 2157 Cleveland Avenue, 334-2161.

SAINT JOHN THE APOSTLE

METROPOLITAN Sunday 10 a.m. 3049 McGregor Boulevard,

344-0012.

SAINT MICHAEL LUTHERAN

Saturday 5:30 p.m.; Sunday 8 and 10:45 a.m. 3595 Broadway, 939-1218.

SAINT NICHOLAS MONASTERY

Sunday 9:30 a.m. 111 Evergreen Road, saintnicholasmonastery.org, 997-2847.

ST. VINCENT DE PAUL CATHOLIC

Tuesday through Friday 9 a.m.; Saturday 4 p.m.; Sunday 9 and 11 a.m. 13031 Palm Beach Boulevard, 693-0818.

SOUTHWEST BAPTIST

Sunday 11 a.m.; Wednesday 6 p.m. 16940 McGregor Boulevard, 454-3336.

TEMPLE BETHEL SYNAGOGUE

Friday Shabbat 7:30 p.m.; Torah Saturday 9 a.m.; Religious School Wednesday 5:30 p.m. and Sunday 9:30 a.m. 16225 Winkler Road, templebethel.com, 433-0018.

TEMPLE JUDEA (CONSERVATIVE)

Friday 6:30 p.m. and Saturday 9 a.m. tjswfl.org, 14486 A&W Bulb Road, 433-0201.

THE NEW CHURCH

Sunday 11 a.m. 10811 Sunset Plaza Circle #401, newchurchflorida.com, 481-5535.

UNITARIAN UNIVERSALIST

Sunday 10:30 a.m. 13411 Shire Lane, uucfm.org, 561-2700.

UNITY OF FORT MYERS

Sunday 9:15 and 11 a.m. 11120 Ranchette Road, unityoffortmyers.org, 278-1511.

WESTMINSTER PRESBYTERIAN

CHURCH Sunday 9:30 and 10:45 a.m. 9065 Ligon Court, 481-2125.

WORD OF LIFE

Sunday 10 a.m., Wednesday 7 p.m. 2120 Collier Avenue, 274-8881.

ZION LUTHERAN

Sunday 8, 9:30 and 10:45 a.m. 7401 Winkler Road, zionfm.org, 481-4040.✱

CROW Case Of The Week:

Conjunctivitis In Animals



by Bob Petcher

Conjunctivitis is commonly known as "pink eye," an inflammation or infection of the thin clear tissue that lies over the white part of the eye and lines the inside of the eyelid.

Humans generally contract conjunctivitis by viruses, bacteria, irritants from shampoos, dirt, smoke, pool chlorine and some forms of allergies, like dust or

pollen, or through other hypersensitive reactions that are eye-related. Even contact lens wearers can develop an allergy that leads to conjunctivitis.

Symptoms of conjunctivitis include eye redness, increased tear production, something felt in the eye to cause excessive rubbing, eyelid crusting, burning sensation within the eye or even discharge. One can develop conjunctivitis simply by touching an infected surface or an infected person and then rubbing his or her eye. If one contracts conjunctivitis in one eye, it is common to expect a spreading to the other eye.

The most common types of pink eye are viral and bacterial conjunctivitis, the former being caused by the same virus that creates the common cold. Like a cold, viral conjunctivitis can improve within 10 days. During that first period, viral pink eye can be very contagious. Bacterial conjunctivitis is reportedly even worse in terms of being transmittable.

An animal can also be physically afflicted by conjunctivitis. Dogs and cats can contract it and so can birds, though experts say conjunctivitis is more uncommon in raptors.

At CROW, a red-shouldered hawk (*Buteo lineatus*) was admitted from Punta Gorda with a severe case of

conjunctivitis. The swelling affected both eyes of the patient's mucous membrane (conjunctivae) that covered the front of the eye and lined the inside of the eyelid.

Due to the likelihood of being contagious, the red-shouldered hawk was isolated from other raptors at the Sanibel clinic. Medical officials noted the patient's conjunctivae were swabbed for cytology testing (study of cells) to determine the cause. The hawk was then started on antibiotics.

Dr. Julia Hill, CROW veterinary intern, stated that there are "several types of bacteria and viruses that specifically target the eyes" before providing results of the cytology testing.

"The cytology showed a severe inflammatory reaction, with a small number of bacteria," she said. "We are treating the hawk for a bacterial conjunctivitis and seeing improvement on this treatment."

Treatment and care procedures were said to include warm eye compresses and saline flushes of the eyes.

"A warm compress is being applied to the eyes and medicated drops are placed in each eye three times a day," said Dr. Hill. "The hawk is on two different types of systemic antibiotics as well."

The fate of the raptor will depend on the progress of the patient's eyes.

"We are waiting for the swelling to go down and the hawk to be able to see again," said Dr. Hill. "It will also need to finish its course of antibiotics. It will probably be here one to two more weeks."

After the Labor Day weekend and a week at the clinic in all, patient #17-3088 was remarkably better. It looks as though the hawk will make a full recovery and be released once its medication period is over.

"The eyes have made a fantastic improvement," exclaimed Dr. Hill. "The left eye looks almost normal now and the right is just mildly swollen. The animal has responded amazingly to the treatment we have provided."

CROW (Clinic for the Rehabilitation of Wildlife, Inc.) is a non-profit wildlife hospital providing



Patient #17-3088 suffering through bacterial conjunctivitis
photo by Brian Bohman

veterinary care for native and migratory wildlife from our local area. The hospital accepts patients seven days a week from 8 a.m. to 5 p.m. Mail donations to P.O. Box 150, Sanibel, FL 33957. Call 472-3644 or visit www.crowclinic.org.*

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Rain-Cooled Water Fires Up Fishing



by Capt.
Matt Mitchell

After more than 12 inches of rain last week, I was not sure what to expect when getting back out on the water and what effect that amount of rain would have

on fishing. The first day out after the rains had finally slowed, I was pleasantly surprised at how easy of a time I had catching bait. Usually with so much fresh water being dumped into the bay from all the rivers and estuaries, the bait is the first thing to head out offshore seeking better salinity. With a live well full of shiners, I picked up my clients and headed out feeling blind after not being on the water and fishing due to bad weather for four days.

Opting to stay close to home as scattered rain was still moving through and the wind was still blowing, I noticed it did not take long to bend the rods. My first stop was a favorite deeper sand hole up tight against the mangroves during the high outgoing tide. It did not take long at all to get the fish fired up as we caught snook, mangrove snapper and even a 25-inch redfish all from this first stop of the day.

Once this bite slowed, I felt the pressure was off me a little bit as we had six 12-inch plus mangrove snapper and a 25-inch redfish in the cooler. These longtime clients from central Florida are all about taking fillets home and, with two days of fishing booked with me, it felt good to get them on the meat early. Bouncing around the southern sound on day one, we stayed busy catching lots of catch and release snook and finishing out the limit of mangrove snapper.

By day two, conditions were much better and that allowed me to basically run anywhere in the sound I wanted to fish. I made a longer run up on the bayside of north Captiva, and it was amazing how clear and better the water looked. This middle-to-northern end of the sound gets a much better flush with larger passes and the lack of river water. With birds and bait everywhere, you would have never thought we had had such a major rain event. We started our day fishing some oyster bars on the high water and continued catching lots of snook and mangrove snapper. As the tide got lower, I moved to a deeper channel that was loaded up with mangrove snapper on a submerged structure. We hit pay dirt. Mangrove snapper up to 16 inches came out of the water to feed on the live shiners I was chumming and, within 20 minutes, we had our limit of big mangs.

Later in the week the four to six foot grass flats behind North Captiva and Cayo Costa within close proximity to the passes had some crazy wide open action on a mixed bag of fish. This cleaner, clearer water was loaded with trout, ladyfish, snapper, mackerel and small gag



Gillie Russell from Lake Placid with a 25-inch redfish caught while fishing with Capt. Matt Mitchell
photo provided

grouper. We cast live free-lined shiners and caught fish on just about every cast. There were not many keeper fish but this nonstop action was just fun fishing. I returned to these same grass flats with the same results all week long. The cooler water that resulted from all the rain really did wonders for fishing.

*Capt. Matt Mitchell has been fishing local waters since he moved to Sanibel in 1980. He now lives in St. James City and works as a back country fishing guide. If you have comments or questions, email captmattmitchell@aol.com.**

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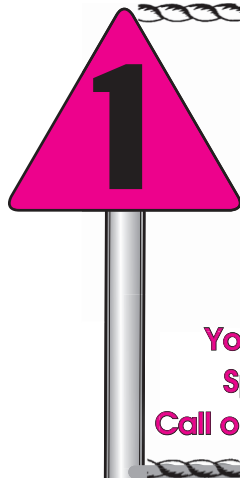
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Dave Doane

Plant Smart

White Leadtree

by Gerri Reaves

White leadtree (*Leucaena leucocephala*) is a member of the pea family and native to Mexico, the Caribbean and Central America. Jumbie bean is another common name for this tree with pretty powderpuff-like blooms and feathery foliage.

It is speculated that it was introduced more than eight decades ago for cattle fodder and erosion control.

In its native range, the tree has many uses, including fuel, lumber, animal fodder, windbreak and green manure. The seeds are used in jewelry-making and are roasted for consumption.

However, in Florida, it is officially listed as a Florida Noxious Weed because it aggressively invades natural habitats such as coastal strands and pine rocklands.

In addition, its invasive propensity has earned it a place on Florida Exotic Pest Plant Council's (FLEPPC) list of category-II invasive plants.

Species on that list "have increased in abundance or frequency but have not yet altered Florida plant communities to the extent shown by Category I species," according to FLEPPC. However, a category II plant can be reclassified to category I should it demonstrate the ecological damage of that group.



Feather-like foliage and puffball flowers lend ornamental appeal

photos by Gerri Reaves

This fast-growing tree usually reaches about 25 to 30 feet tall, but has been known to grow to 60 feet or more. It forms dense groupings where it spreads, usually via seeds, and crowds out other vegetation.

It is moderately drought and salt tolerant and grows in full sun to partial shade.

The alternate leaves are bipinnate, or twice-divided, and up to 11 inches long. They are comprised of about a dozen pairs



White leadtree is a category-II invasive species in Florida

of oblong leaflets, each about one-half inch long.

The spikes of white puffball flowers bloom year-round and appear at the branch ends. Globe-shaped and less than an inch across, the flower's numerous stamens create a pincushion appearance. They turn brownish with age.

The bark is smooth and grayish or brown.

Clusters of bean-like pods ripen from green to dull brown or tan and hold as many as 30 flat brown glossy seeds.

Pods measure up to six inches long and an inch wide and are spread by the wind.

Birds and rodents eat and disperse the seeds.

If you have a white leadtree on your property, consider removing it and replacing it with a native tree, hopefully before another batch of seeds is distributed far and wide.

Interestingly, grazing goats are one successful method of control.

Sources: *500 Plants of South Florida* by Julia F. Morton, *National Audubon Society Field Guide to Florida*, www.freshfromflorida.com and www.ifas.ufl.edu.

*Plant Smart explores the diverse flora of South Florida.**

Free Trees For Joining Arbor Day Foundation

Everyone who joins the Arbor Day Foundation in September will receive 10 free trees as part of the Foundation's Trees for America program.

Through Trees for America, everyone is encouraged to plant trees, which benefit the environment and improves quality of life. With nearly 1 million members and supporters, the Arbor Day Foundation is the nation's largest nonprofit organization dedicated to planting trees.

Everyone joining this month will receive one of the following tree packages based on their location: 10 Arizona cypress, 10 live oak or 10 mix trees including eastern redbud, white pine, sugar maple, white flowering dogwood, pin oak, red maple, river birch, silver maple, northern red oak, and Colorado blue spruce.

"These trees are carefully selected to yield year-round benefits, including beautiful spring flowers, cool summer shade, spectacular autumn colors, winter berries and nesting sites for songbirds," said Matt Harris, chief executive of the Arbor Day Foundation. "These trees will also add to the proud heritage of your state's Tree City USA communities. For the past 40 years, Tree City USA has supported effective urban forestry management across the country, and planting these trees will enhance this tree-planting tradition."

The trees will be shipped postpaid at the right time for planting between October 15 and December 10. The 6- to

12-inch trees are guaranteed to grow or they will be replaced free of charge.

Easy-to-follow planting instructions are enclosed with each shipment of trees. New members of the Arbor Day Foundation will also receive The Tree Book, which includes information about tree planting and care.

To receive the 10 free trees, send a \$10 membership contribution to Ten Trees, Arbor Day Foundation, 100 Arbor Ave., Nebraska City, NE 68410, by September 30, or join online at www.arborday.org/september.*

Bird Patrol Guided Walk

Experience the beautiful birds of Bunche Beach with a Lee County Bird Patrol Guide on Saturday, September 9 beginning at 7:30 a.m. Participants meet on the beach located in South Fort Myers, off Summerlin Road. Drive south of John Morris Road until it dead ends.

Bunche Beach is excellent for both migrant and resident waders and

shorebirds working the mudflats at low tide due to the diversity of micro-invertebrates. Participants may also see waterfowl, raptors and warblers.

Provided in cooperation with Lee County Parks and Recreation, this event is free with parking fee of \$2 per hour (tour is approximately two hours). Restrooms are located in the building at the first parking lot.

Bring binoculars, sun protection, shoes that can get wet, a bottle of drinking water, your curiosity and love of nature.

For more information, call 707-3015 or visit www.birdpatrol.org.*



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WE SHIP!

Director Of The Year Awarded



Rebekah MacFarlane Barney
photo provided

Rebekah MacFarlane Barney, chief operating officer of the MacFarlane Group, received an Excel Award for Marketing Director of the Year at the 2017 Southeast Building Conference, held on July 27 at Gaylord Palms Resort & Convention Center in Kissimmee.

"It's an honor to be acknowledged by the Southeast Building Conference for all the hard work that our team and

colleagues at Spiro & Associates put into each of these projects," said MacFarlane Barney.

Under MacFarlane Barney's creative direction, Spiro & Associates brought home additional awards for the MacFarlane Group and Campo Felice Independent Living, including Best Website, Best Direct Mail Piece and Best YouTube-Type Video. In all, Spiro & Associates won 18 Excel awards at the conference. To view the entire list of winners from the 2017 Excel Awards, go to sebcshow.com/excel-awards.

To learn more about independent luxury 55+ living in downtown Fort Myers, call Campo Felice at 628-3163 (toll free 855-989-5000) or visit CampoSeniorLiving.com. Campo Felice Independent Living is located at 2500 Edwards Drive in Downtown Fort Myers.✱

Gulf Coast Writers

The Gulf Coast Writers Association will be holding its monthly meeting at Zion Lutheran Church on Saturday, September 16 from 10 a.m. to noon.

Patricia Sheehy, three-time award winner of the *Writer's Digest* contest, will be sharing techniques for crafting contest-worthy essays and articles.

Zion Lutheran Church is located at 7401 Winkler Road in Fort Myers. All first time guests are welcome, free of charge. For more information, call 770-906-7885 or visit www.gulfwriters.org. ✱

Firm Hires Business And Tax Division Attorney

The law firm of Henderson, Franklin, Starnes & Holt, PA, is pleased to announce that Paul Shuman has joined the firm as an attorney in the Business and Tax Division.

Shuman devotes his practice to assist clients with business transactions and tax matters. More specifically, he analyzes the impact of federal and state taxation on proposed transactions (whether it is a corporate merger, sale of a family-owned business or a joint venture) to find practical solutions that minimize tax exposure. Shuman's clients include domestic and international companies, small businesses and individuals.

Shuman has a diverse background. He left his hometown of Amarillo, Texas, to live in Europe for several years. Upon returning to the United States, Shuman founded a successful business renovating the interiors of large private and corporate yachts.

Shuman received his undergraduate degree from the University of Texas at Austin. He then found his passion for tax law while attending Georgia State University College of Law on a



Paul Shuman
photo provided

full academic scholarship. After taking every tax class offered at George State, he attended the University of Florida Graduate Program, where he received his masters of law in Taxation. Shuman can be reached at 344-1183 or by email at paul.shuman@henlaw.com.✱

Hurricane Debris Guidelines

Hurricane Irma will likely affect Lee County's weather in the coming days. Garbage and recycling collections will continue as scheduled next week until tropical storm force winds reach a sustained rate of 39 mph – provided there are no bridge or road closures.

Yard waste and debris must be prepared in accordance with county ordinance before it is set out for collection:

Garbage must be placed in a 40-gallon can or heavy mil plastic bag each weighing no more than 50 pounds. If you have a larger county-provided container for automated garbage

collection, you may use that as well.

Yard waste that cannot be containerized must be tied in bundles no longer than six feet and no heavier than 50 pounds.

Palm fronds may be stacked neatly at the curb in piles no heavier than 50 pounds. If more than 50 pounds, fronds must be tied in bundles no heavier than 50 pounds.

Remove anything outside your home that could become a projectile during a storm including your garbage cans, lids and recycle carts and store them inside.

After the storm, storm debris will be collected separately from your normal household trash and recycling.

Regular household collections will begin as regularly scheduled as soon as possible after the storm.

For more information, visit www.leegov.com/solidwaste.✱



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Bennett To Lead Chamber Seminar

Susan Bennett, APR, CPRC, of Susan Bennett Marketing & Media, will lead Media Day September 13 for the Greater Fort Myers Chamber of Commerce Leadership class.

Bennett has facilitated the annual full day of media training for the class for the past 17 years as part of the Chamber's 11-week leadership series. Shannon Densham of HelloSWFL.com will serve as co-facilitator.

The class includes training in crisis communications, preparing for and giving effective interviews and on-camera practice in delivering appropriate messages for various crisis situations. The day includes tours of WINK-TV and NBC-2 as well as the new headquarters for HelloSWFL.com.

During the morning, participants will hear from representatives of The News-Press Media Group about how to get news in *The News-Press* and receive tips on digital engagement for business from Randy Mitchelson, APR, of iPartner Media. Representatives of HelloSWFL.com also will conduct breakout sessions on contemporary storytelling.

A working lunch at Waterman Broadcasting offers the opportunity for participants to ask questions of NBC-2 Vice-President of News Darrel Lieze-Adams and his team as well as *Florida Weekly* Presentation Editor Eric Raddatz.



Susan Bennett photo provided

Bennett then will lead a session on preparing for and giving effective media interviews.

"One of the highlights of the day is the on-camera role-playing by the participants with the NBC-2 anchors to see how well they have learned strategies for giving effective interviews," Bennett said.

At the end of the day, participants will take their seats in the NBC-2 studio to watch a live broadcast of the 4 p.m. news.

For more information, call 277-5255 or email sbennett@susanbennett.biz.*

From page 1

Concert Series

of the tastiest beers in town. Some of the more notable brews include Comb Over Honey Ale and Defector. Old Soul Brewery is located at 10970 South Cleveland Avenue in Fort Myers. For more information, visit www.facebook.com/OldSoulBrewing/.

On Friday, September 15, Wilder Sons will take the stage and pair up with Naples Beach Brewery. Wilder Sons is a Naples-based beachy alt-rock band that is stimulating the senses of alternative progressive fans. Transcendent guitar riffs weave effortlessly between catchy melodies, upbeat bass lines and complex drum progressions.

For more information, visit www.wildersonsband.com/.

Naples Beach Brewery "employs a community-focused approach to growing the culture of quality beer." It is located at 4120 Enterprise Avenue in Naples. For more information, visit www.naplesbeachbrewery.com.

On Friday, October 20, the concert series features The Copper Tones and Islamorada Beer Company.

Hailing from South Florida's east coast, The Copper Tones perform roots music with a favorable twist of soul, rock and Americana. The band has coined its genre as "Soulgrass."

For more information, visit www.thecoppertonesmusic.com/.

Islamorada Beer Company hails from the Florida Keys to promote a work hard, play hard "corporateculture" with the drinkability that complements its lifestyle. The breweries are located at 82229 Overseas Highway in Islamorada and 3200 Saint Lucie Boulevard in Fort Pierce.

On Friday, October 27, The Late Ones will perform at Davis Art Center and will be paired with Kona Brewing. Based out of Laie, Hawaii, The Late Ones are built on a roots reggae foundation with influences from various genres like hip-hop, rhythm and blues, and jazz. Their unique blend of style, and harmony shapes a youthful, yet old school reggae vibe. For more information, visit www.thelateones.com/.

Kona Brewing was started by a father and son team that dreamed to create fresh, local island brews made with spirit, passion and quality. Kona Brewing continues to be headquartered right where it began, in Kailua-Kona on Hawaii's Big Island. For more information, visit www.konabrewingco.com.

The Sidney & Berne Davis Art Center is located at 2301 First Street in the historic downtown Fort Myers River District. For more information, visit www.sbdac.com.*



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Traci McKee

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Attorney Honored In 40 Under 40 List

The law firm of Henderson, Franklin, Starnes & Holt, P.A., is pleased to announce that Attorney Traci McKee was selected as one of *Gulfshore Business Magazine's* 40 Under 40. The 40 Under 40 list honors local young professionals under age 40 who have distinguished themselves in their professions and in the community. The awards reception will be held on Thursday, September 7 at Miromar Design Center.

"Traci is an energetic, dynamic and considerate mother and wife in her personal life and exhibits the same traits in her profession as a trial lawyer. She has the respect and admiration

of her clients, judicial administration representatives, her business partners and her peers. Traci has always been a rising star and that star just keeps climbing higher," said Michael Corso, chair of Henderson Franklin's Tort & Insurance Litigation Division.

McKee's practice focuses on defending individuals, corporations and governmental entities in professional malpractice, premises liability, product liability and an array of personal injury claims. She is known as the "lawyer's lawyer," defending attorneys and law firms in malpractice and grievance matters. In addition, McKee regularly defends schools, school boards and other entities with custody of children in tort claims. She represents clients in appeals and has argued before the Florida Supreme Court. McKee serves as secretary-treasurer of the Florida Defense Lawyers Association's Executive Council and, in just over a year, she will become the first female president in over a decade. McKee is also treasurer of the Southwest Florida Federal Court Bar Association.

McKee has been recognized for her professional achievements, including being named as an "Up and Comer" by *Florida Trend Magazine's* Legal Elite (2016-17), recognized by *Florida Super Lawyers* magazine as a "Rising Star" (2010-17), and earned the highest AV rating by Martindale Hubbell. She was also honored with the James A. Dixon Young Lawyer of the Year Award from the Florida Defense Lawyers Association (2010-11). McKee graduated valedictorian of Stetson University College of Law (JD, summa cum laude, 2007) after receiving her undergraduate degree from the University of North Florida (BBA, summa cum laude, 2000). She can be reached at traci.mckee@henlaw.com or by phone at 344-1263.

For more information on McKee or Henderson Franklin, visit www.henlaw.com.✱

Code Sweep Yields 92 Percent Improvement In Blighted Signs

A sign before the sign enforcement sweep
photos provided

The sign after the sign enforcement sweep

A year-long code enforcement initiative, focused on blighted and noncompliant business signage, has resulted in the removal or repair of more than 100 signs. Starting in July 2016, the City of Fort Myers focused its business signage enforcement efforts on Cleveland Avenue, Fowler Street, Palm Beach Boulevard, Dr. Martin Luther King, Jr. Boulevard and Colonial Boulevard. In one year, the sign sweep identified 112 signs that violated city code. As of mid-August, 92 percent of those signs have been brought into compliance.

The most common violations included signs that were poorly maintained, signs remaining after a business had closed and unapproved banners. Sign regulations can be found in Chapter 126 of city code, which establishes requirements for the placement, installation and maintenance of signs in order to preserve and protect the health, safety, welfare and general well-being of the community's citizens. Signs in violation of code may create structural concerns, interfere with motorists' sight lines and negatively impact property values and aesthetics.

"Without regulation, these signs become an eyesore and reflect poorly on our community," explained Steven Belden, AICP, the city's director of community development. "The sign initiative is just one step in making our city cleaner and safer. We've begun strategizing our next steps, which include improving parking accessibility and removing unsafe structures."

To report a blighted sign or other code violation within City of Fort Myers limits, visit the city's website at www.cityftmyers.com/761/Support-Center. You may also call the city's code compliance division at 321-7940.✱

Financial Focus

Diversification, Consolidation

by Jennifer Basey



You have probably heard that diversification is a key to investment success. So, you might think that if diversifying your investments is a good idea, it might also be wise

to diversify your investment providers – after all, aren't two (or more) heads better than one?

Before we look at that issue, let's consider the first half of the "diversification" question – namely, how does diversifying your investment portfolio help you?

Consider the two broadest categories of investments: stocks and bonds.

Stock prices will move up and down in response to many different factors, including good or bad corporate earnings, corporate management issues, political developments and even natural disasters. Bond prices are not immune to these dynamics, but they are usually more strongly driven by changes in interest rates. To illustrate: If your existing bond pays two percent interest, and new bonds are being issued at three percent, the value of your bond will fall, because no one will pay you full price for it. (Of course, it may not matter to you anyway, especially if you planned to hold your bond until maturity, at which point you can expect to get your full investment back, providing the bond issuer doesn't default.)

Here's the key point: Stocks and bonds often move in different directions. If you only own U.S. stocks, you could take a big hit during a market downturn, but if you own domestic and international stocks, bonds, government securities, certificates of deposit and other types of investments, your portfolio may be better protected

against market volatility, and you'll have more opportunities for positive results. (Keep in mind, though, that even a diversified portfolio can't prevent all losses or guarantee profits.)

So, it clearly is a good idea to diversify your investment portfolio. Now, let's move on to diversifying financial service providers. Why shouldn't you have one IRA here and another one there, or enlist one advisor to help you with some types of investments and a different advisor assisting you with others?

Actually, some good reasons exist to consider consolidating all your investment accounts with one provider. For one thing, you'll keep better track of your assets. Many people do misplace or forget about some of their savings and investments, but this will be far less likely to happen to you if you hold all your accounts in one place.

Also, if you have accounts with several different financial service providers, you might be incurring a lot of paperwork – and many fees. You can cut down on clutter and expense by

consolidating your accounts.

But most important, by placing all your accounts with a single provider, possibly under the supervision of a single financial advisor, you will find it much easier to follow a single, unified investment strategy, based on your goals, risk tolerance and time horizon. You won't get conflicting advice, and you'll receive clear guidance on important issues, such as the amounts you can afford to withdraw each year from your retirement accounts once you do retire.

Diversification and consolidation – one is good for building an investment portfolio, while the other can help you invest more efficiently and effectively. Put the two concepts together, and make them work for you.

This article was written by Edward Jones for use by your local Edward Jones financial advisor. Jennifer Basey is a financial advisor in Fort Myers. She can be reached at jennifer.basey@edwardjones.com.✱

Superior Interiors

Light Up Your Life At Home



by Barb Cacchione

With a little thought and planning, the lighting in the activity areas of your home can be made more efficient and attractive. But the right choice of fixture, the proper lamp (and bulb), placement and height all have major effect on the results. When it all comes together, beauty, comfort and convenience can be added to every area of your home.

Four basic types of lighting are often used together to provide desired functionality and flexibility. Ambient lighting illuminates the entire room and should create a warm and inviting look. It should be relatively low level to avoid glare and dreariness. The amount needed is also affected by natural light sources, wall/floor/ceiling colors and ceiling light. Task or focal lighting is for reading, cooking, desk work, etc. and should be cooler in tone. It should be carefully placed to avoid shadows or glare to minimize eye strain. Accent lighting illuminates and highlights architectural features or objects in a room. Decorative lighting attracts attention to itself as an object. Examples are chandeliers or sconces. Decorative shades can make any lamp a decorative piece, as well.

Just as with furniture or window treatments, I always start with the function or purpose of a particular lighting need when working with clients. From there, the type of lighting is usually obvious, although there may be choices or a combination required. With the exception of chandeliers, most residential lighting requirements are met best with lamps rather than ceiling-mounted fixtures. Wonderful

lamps are available today for any location or purpose: wall sconces, table lamps, accent lamps, floor lamps, desk lamps and torchieres of every size and material add variety and interest to any décor.

Size counts and so does placement. Chandeliers, for example, should not be much wider than half the width of a dining table, and hung so that the bottom is about 30 to 32 inches above the table top. Chandeliers for a foyer or staircase are a bit trickier, as they must be three-dimensionally proportional to 'look right' when hung.

There are many choices for task lighting, and your selection should depend upon some basic ergonomic considerations, i.e. where will the task at hand be held? From where will the task be seen? Is glare a consideration? Lighting for a dresser or make-up table needs to light the face or head, without causing shadows or glaring into the eyes, color and intensity being particularly important for make-up application. Lighting for reading and many hand tasks should usually come from above and behind the user.

An astute buyer also considers the type, size and color of the light bulbs for the lamps as well – especially important if the bulb will be easily seen. And don't forget that the halogen and quartz filament tubes generate intense heat, so they must always be shielded and kept well away from flammable materials.

Finally, use accent lighting to highlight the wonderful, special features of any room and to create the mood for entertaining and enjoyment in both daytime and night. Small halogen lamps can spark up any art, houseplant or accessory, and can often add significantly to the overall ambient light, as well as the décor of your home. The choices available today are truly awesome and sometimes a bit mind-boggling. Give it some thought, and you'll reap the rewards of a successful lighting scheme in every room.

Barb Cacchione is an interior designer on Sanibel/Captiva Islands. She can be reached at barb@coindeciden.com.

CEO Joins International Women's Forum

Recognized for her leadership both professionally and personally throughout the Southwest Florida community, Elaine Hawkins, president and CEO of Private Client Insurance Services, has been invited to join the International Women's Forum (IWF). As an invitation-only, membership organization for female leaders around the world, Hawkins joins an exclusive group of women with the fundamental mission of preparing, uniting and inspiring women leaders across careers, cultures and continents.

Founded in 1974, the IWF membership has grown to more than 6,500 accomplished and visionary women across 33 nations and six continents. IWF members are women of diverse achievement dedicated to exchanging ideas, learning, inspiring and building better leadership worldwide. This vision is developed by uniting the world's most preeminent women through global conferences, training and mentoring programs and networks of global forums.

Hawkins' membership in IWF is a testament to her esteemed level of professionalism and leadership experience. Shortly after beginning her insurance career in 1975 with Liberty Mutual, Hawkins moved to Fort Myers to work with the Mariner Group, Inc. As a result of her industry experience and leadership ability, Hawkins formed Specialty Risk



Elaine Hawkins

photo provided

Management Services in 1999 and Private Client Insurance Services in 2002 to provide unique property insurance alternatives for third parties, commercial programs and risk management services for high net worth individuals.

Hawkins received her bachelor of arts from the University of Miami in psychology, and currently holds the designation of certified risk manager and licenses for property and casualty general lines insurance and real estate broker. Hawkins is a member of the Risk Management Society (RIMS) and serves on a Real Estate Advisory Board for American International Group, Inc.✱

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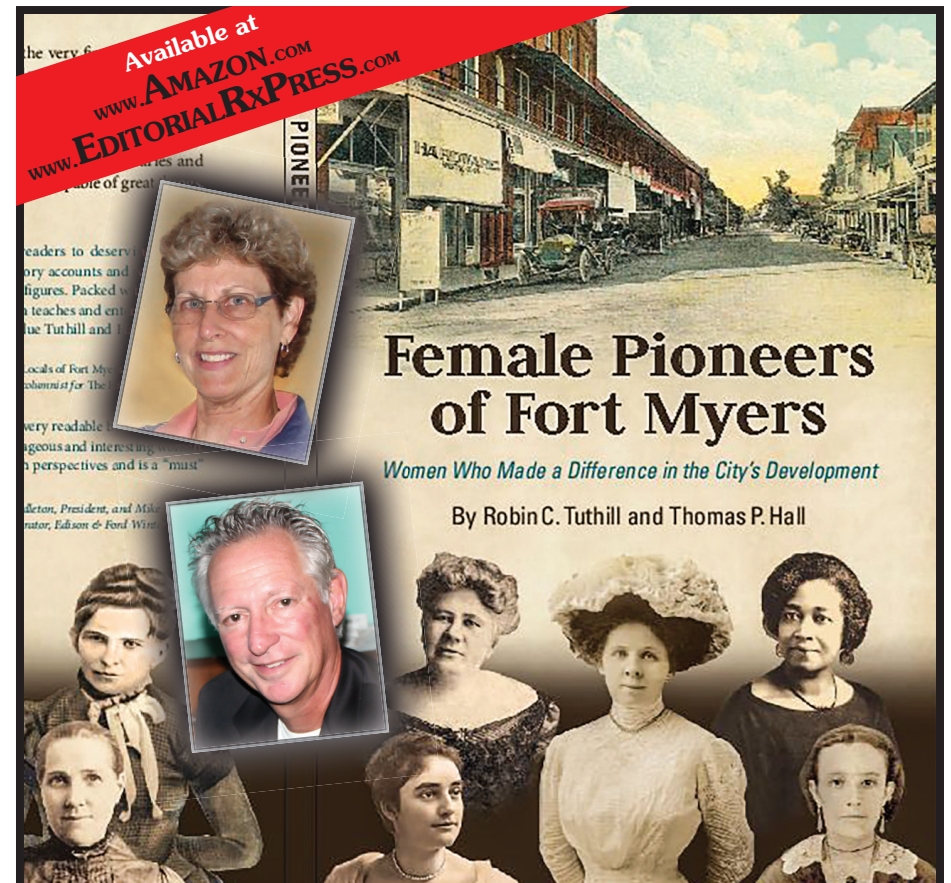
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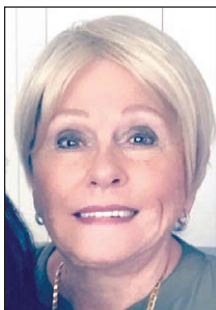


"Packed with facts and employing an engaging storytelling style, [Female Pioneers of Fort Myers] both teaches and entertains. Local history buffs and newcomers to history will value Tuthill and Hall's research and appreciate the accessible format, too."

Gerri Reaves, PhD, author of *Legendary Locals of Fort Myers* and *Fort Myers, Then & Now*

Book Review

House Of Spies



by Di Saggau

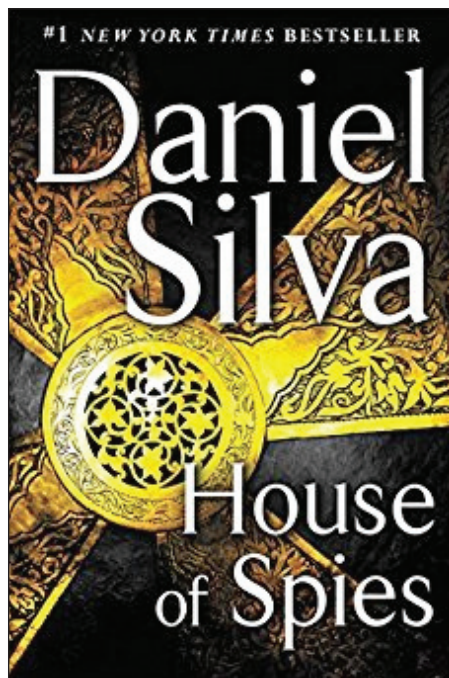
In the wake of last year's bestselling novel *The Black Widow*, Daniel Silva is back again with *House of Spies*, his 17th Gabriel Allan tale. The story serves as a sequel and is a tense, thrilling

adventure with Gabriel, the Israeli master of operations in the lead. Silva not only entertains, he also educates you by including up-to-date world events and scenarios that are too plausible to be taken lightly. As in *Widow*, the hunt is on for Saladin, the head of ISIS.

There are some newcomers in this book including Jean Luc Martel, an extremely wealthy man involved in a variety of businesses and his partner Olivia Watson, a former model who runs an art gallery. Gabriel discovers they are not really who they claim to be and uses their secrets to his advantage. Gabriel has one goal and that is to kill Saladin, the madman who has already caused chaos around the world and continues to plan even more heinous crimes. Not only does he want him dead, he wants to be the man who kills him.

Four months after the deadliest attack on the American homeland since 9/11, terrorists leave a trail of carnage through London's glittering West End. The attack is a brilliant feat of planning and secrecy, but with one loose thread: the French-Moroccan street criminal and ISIS operative who supplied the combat assault rifles. This thread leads Gabriel and his team of operatives to the south of France and beyond in search of this man.

Gabriel is fueled by revenge. He partners with several allied nations



and launches a daring mission, one that doesn't go by the rules. Some of our favorite characters are involved, including Christopher Keller, the former British special ops soldier turned Corsica-based assassin turned newly minted MI6 agent. Also back are Mikhail Abramov and Natalie Mizrahi who play serious roles in the operation.

Silva excels at bringing his readers into the story. Before you know it, you are involved with a number of devoted men and women who are willing to risk their lives to bring about justice. All have special skills and they offer them to Gabriel as the man in command. Elegant, sophisticated and filled with unexpected moments of wit and grace, the story ends with an electrifying climax that will leave readers breathless long after they turn the final page.

Silva presents the literary world with a new book each summer, which means we have to wait til summer of 2018 for his new adventure. I know it will be worth the wait. In the meantime, be sure to read *House of Spies*.✱

Children's Center director, Tammy Aronson, *Grammy Tammy* offers advice to help parents address some of the most common and frustrating parenting challenges. The collective wisdom of all Child Care of Southwest Florida's seasoned staff and center directors manifests itself in this enlightening series.

Some of the most popular articles include:

Practicing mindfulness with children
Dealing with challenging behaviors in a positive way

Is teasing the same as bullying?
Creating a safe space for children
Why won't my child sit still?

The hazards of distracted parenting
Why preschool is definitely worth it
Child Care of Southwest Florida

leverages its wealth of knowledge from its experienced teachers and staff at six of its high-quality learning centers, sharing firsthand stories, interviews and video blogs.✱

School Smart



by Shelley M. Greggs, NCSPEducator

Dear Shelley, My husband and I aren't sure if we really need to include extensive cursive instruction as part of our home-school curriculum for our children. Do you think it's worth the time and energy to

go beyond the basics with cursive?

Angelique V., Fort Myers

Angelique,

You are not alone in this debate as teachers, parents and even politicians are debating why they should bother spending time teaching what some say is a dated skill. There seems to be no point to picking up a pen and scribbling on paper when keyboarding is so convenient, neat and easy to copy-and-send. However, the latest research says that we are missing out on some cognitive development if we bypass instruction in cursive.

Recent research has found that children until about sixth grade were writing more words, writing faster and expressing more ideas if they could use handwriting, printing or cursive, than if they used the keyboard," reported University of Washington professor Virginia Berninger. A leading expert in the field of handwriting education research, Berninger's extensive work with students in elementary school indicates that learning handwriting improves kids' ability to think.

Scientific studies of children and adults show that using pen or pencil when taking notes, rather than typing, is associated with improved long term information retention, better thought organization, and increased ability to generate ideas. No one can say why this is exactly, though researchers surmise one reason may be because when we write by hand, every letter of every word demands different actions, engaging the brain more. When we type, we repeat the same moves over and over again, whatever the word.

Neuroscientist William R. Klemm of Texas A&M University says that learning penmanship is developmentally beneficial for a young brain. It "provides crucial benefit to children at an age when they need it most: a sense of involvement and ownership, hand-eye coordination, patience and self-control."

Another reason that cursive is more effective than typing seems to stem from

handwriting's limitations. Handwriting when taking notes forces us to make choices. Researchers from Princeton University concluded in three studies of adult students taking notes on laptops and in longhand that transcription was less effective than selective translation of the information. "We found that students who took notes on laptops performed worse on conceptual questions than students who took notes longhand... whereas taking more notes can be beneficial, laptop note takers' tendency to transcribe lectures verbatim rather than processing information and reframing it in their own words is detrimental to learning," they wrote.

"Perhaps when we capture less of what is said verbatim, we pay more attention. Since we can't scribble everything that's being said as fast as we can type it, we end up forced to make choices when handwriting, processing the information as we take it in instead of putting it all down automatically."

There are practical reasons in keeping the skills of penmanship alive that focus on the bigger issue of students' functionality aside from the questions of cognition. The links to the past via letters and old documents disappear when kids can't read cursive. Parents are concerned now that their kids can't read old family letters or documents. They can't read signatures on primary documents like the Declaration of Independence. And lots of kids can't even sign their own name in cursive.

In Florida, cursive writing instruction in public elementary schools is a curriculum requirement for third through fifth grades as part of the Language Arts Florida Standards approved in 2014 by the Florida State Board of Education. Cursive writing was not included in Common Core State Standards (CCSS) that Florida adopted in 2011 along with 44 other states. However, 14 states now include it in their curricula.

There was a feeling that technology would solve everything; give a kid a computer, and she or he would become literate. We are living in a blended world; as adults, we use both pen and the keyboard, and we want to make sure that our kids can use both tools as well.

Shelley Greggs is adjunct faculty at Florida SouthWestern State College, where she teaches psychology and education courses. She is also a nationally certified school psychologist and consultant for School Consultation Services, a private educational consulting company. Questions for publication may be addressed to smgreggs@gmail.com. Not all questions submitted can be addressed through this publication.✱

Online Parenting Resource Blog

With 50 years of service to the community, Child Care of Southwest Florida created a go-to parenting resource, *Come Grow With Us*. Visitors to the resource-rich blog will find dozens of features that highlight critical child development areas and address challenging issues like bullying, potty training, problem behaviors and more.

Child Care of Southwest Florida CEO Carol Conway said, "Our *Come Grow With Us* blog has evolved into a go-to guide for both parents and teachers of preschool age children. Our 50-year anniversary is the opportune time to introduce this enlightening platform to parents and families."

A distinct feature of the blog is the *Grammy Tammy* monthly advice column. Inspired by Joseph H. Messina

From page 1

Comedy Group

include Adam Archer, Danny Catlow, Alison Gates, Eve Krueger, Greg Ott and Lauren Walker. For more information, visit www.secondcity.com.

The Second City opened its doors on a snowy Chicago night in December of 1959. It was experimental and unconventional in its approach to both theater and comedy.

With the debut of NBC's *Saturday Night Live*, populated by Second City alums John Belushi, Dan Aykroyd, and Gilda Radner, the theater became internationally known for its ever increasing roster

of comedy superstars. Soon, Second City's sister-theater in Canada developed its own sketch comedy series, *SCTV*, hailed as one of the greatest comedy series of all time and featuring an all-star cast that included Martin Short, Andrea Martin, Catherine O'Hara, John Candy, Eugene Levy, Dave Thomas, Joe Flaherty and Rick Moranis.

Today, The Second City continues to produce the premiere comic talent in the industry. From Mike Myers to Steve Carell, Stephen Colbert to Tina Fey, The Second City imprint is felt across every entertainment medium.

The Sidney & Berne Davis Art Center is located at 2301 First Street. Visit www.sbdac.com for information.✱

How To Get Discovered By The Media

For the seventh year, Above Board Chamber of Florida presents its popular luncheon program entitled How to Get Discovered by the Media at Hilton Naples on Monday, September 11 and at Pelican Preserve Town Center on Thursday, September 15. The program runs from 11:30 a.m. to 1 p.m. at both locations.

Reservations are required at www.AboveBoardChamber.com. Attendees will have the chance to win media prizes.

Reporters and broadcast producers are always on the lookout for great stories about local businesses. How can you get them to pay attention to yours? At How to Get Discovered by the Media, attendees will have an unprecedented opportunity to ask this question directly to local experts representing media outlets including magazines, newspapers, television, radio and online news. Panelists will share stories from the trenches to illustrate how to create an effective pitch as well as avoid the media's pet peeves.

The Naples meeting will be emceed by Sue Huff, owner of E. Sue Huff and Associates, and will feature a panel including *Gulfshore Business* Associate Publisher Rob Wardlaw; WWDT Telemundo Video Journalist Marilyn Ponce; Jay Schlichter, editor of the *Collier Citizen* and assistant editor of *Turquoise* magazine by the *Naples Daily News*; Stephanie Summers of Fox4 Morning Blend; *Southwest Florida Business Today* Publisher Karen Moore; *Florida Weekly* Editor Cindy Pierce; Heidi Raphael, vice president of corporate communications at Beasley Media Group; and Rob Robbins, president and general manager at The CALL Radio Stations.

The Fort Myers meeting will be emceed by Connie Ramos-Williams, chief marketing officer and president at CONRIC PR & Marketing, and will feature a panel including *News-Press* News Director Wendy Fullerton, *Gulfshore Business* Editor in Chief Phil Borchmann, *Southwest Florida Business Today* Publisher Karen Moore, *Florida Weekly* Senior Editor Betty Wells, NBC-2 Anchor Peter Busch, WINK TV Anchor Deanne Brink, Noticias WINK Anchor Stephanie Becerra, Way-FM Station Manager Tom Sullivan and CTN10 TV General Manager Paul Lodato.

For the Naples lunch, register on or before Wednesday, September 6. Cost is \$25 for members, \$30 for guests.

For the Fort Myers lunch, register on or before Thursday, September 7. Cost is \$25 for members, \$30 for guests.

The Naples meeting will be sponsored by Tri-Town Construction, CONRIC PR & Marketing, The Arlington of Naples, Fuller Online Solutions and Hilton Naples.

The Fort Myers meeting will be sponsored by Tri-Town Construction, CONRIC PR & Marketing and Acarte Technology.

Non-members are encouraged to attend two meetings, then consider joining the Above Board Chamber of Florida.

Special thanks to the 2017 yearly sponsors: CONRIC PR & Marketing, Fuller Online Solutions, E. Sue Huff and Associates, Pulse Technology Solutions, LLC, Spada Salon & Day Spa, Your Walking Billboard, Charlie McDonald Photography, Lady in Pink Photography and Signarama North Fort Myers.

Hilton Naples is located at 5111 Tamiami Trail North. Pelican Preserve Town Center is located at 10561 Veneto Drive in Fort Myers.

For more information on the event or on how to become a member of the Above Board Chamber, contact Jeanne Sweeney at 910-7426 or visit www.AboveBoardChamber.com.✱

Agency Hires Creative Director

Lindsay Yager has joined Pearl Brands, a downtown Fort Myers creative agency, as creative director. The Texas native graduated from the University of Oklahoma with a bachelor's degree in mass communication/advertising.

Her career includes working in the highly competitive Dallas advertising market for large full-service agencies. She brings 12 years of experience in copywriting for outdoor brands, restaurants, consumer packaged goods, retail, business to business and more.

"Lindsay feels perfectly at home crafting headlines on a laptop, or overseeing video production on a fishing boat," said Scott Qurollo, president and account director of Pearl Brands. "She's up for any creative challenge and has already brought added value to our clients."

Pearl Brands provides creative services, digital production, brand planning and other marketing communications services for a wide range of clients including Bayliner Boats, Heyday Wake Boats, IGY Marinas, Southwest Florida Marine Industries Association, Pink Shell Beach Resort & Marina, USF Federal Credit Union, the University of Florida, Salt Island Seaplanes and the FGCU Lutgert College of Business, among others.

The award-winning, strategically focused marketing agency is located at 2233 Second Street in Fort Myers. For more information, call 313-6059 or visit pearlbrands.com.✱



Lindsay Yager

photo provided

From page 1

Alliance Exhibit

time, she continued to work in the arts, especially with clay. Brotherton has over 20 years of creating, marketing and selling pottery recreations, and original sculptures and paintings. Her sculptures are in private, corporate and museum collections throughout the world.

The Alliance campus and galleries are open to the public from 9 a.m. to 5 p.m. Monday through Friday and from 9 a.m. to 1 p.m. on Saturdays. The Alliance for the Arts is located at 10091 McGregor boulevard just south of Colonial Boulevard in Fort Myers.

For more information, call 939-2787 or visit www.ArtInLee.org.✱



Time Teller by Mary Ellen Hackett

photo provided

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NFL Season To Open Without Controversial Quarterback Who Some Think Has Been Blackballed



by Ed Frank

The National Football League launches its 2017 season this Thursday, and it appears that the controversial quarterback Colin Kaepernick will not be part of it. In fact, it's possible his football career has ended. Kaepernick, who set off a firestorm of debate last year while with the San Francisco 49ers over his refusal to stand during the national anthem – first sitting, then kneeling – in an effort to draw attention to racial discrimination.

He opted out of his deal with the 49ers earlier this year and has been unsuccessful in landing a contract with another team.

Here is a quarterback, only 29 years old, who in the past five seasons started in two NFC championship games and one Super Bowl and recorded a touchdown-to-interception ratio that ranks among the best in NFL history, yet failed to find a team that wanted him.

Consider these facts: Last season, while playing for a horrid 49ers team, he completed 60 percent of his passes and tossed for 16 touchdowns even though his receivers had the second highest percentage of dropped passes in the league.

So it's a legitimate question: Has Kaepernick been "blackballed" by the NFL because of his controversial behavior?

This is a question that has been debated and will continue to be argued in the weeks ahead.

NFL owners have criticized Kaepernick's protests and cautioned that any team that signed him could face a backlash from their fans.

There have been several teams in need of quarterback help yet turned away from Kaepernick. The latest occurred last week when Seattle added Austin Davis as a backup quarterback despite the fact that he didn't appear in a single game last season.

Then there was a recent report where three executives from three teams that recently signed quarterbacks were asked why they didn't consider Kaepernick. Their answers ranged from familiarity with the athlete they signed to questions about Kaepernick's skill. None admitted his social stances were factors in rejection.

Perhaps a team desperate for a quarterback replacement due to injury will turn to Kaepernick as the season progresses. But, at the time of this writing, his career appears to be over.

Sports Shorts

Due to the Labor Day holiday, we prepared this column in advance. However, as of last week, Boston Red Sox pitcher Chris Sale, the Florida Gulf Coast alum, raised his Major League Baseball-leading strikeout total to 264 while reaching his career strikeout total of 1,500 faster than any pitcher in history. He accomplished this feat in 1,290 innings pitched. His season record of 15-6 through August was best in the American League.

Less than 100 miles from here, Florida Marlins slugger Giancarlo Stanton is on a record-setting home run pace. In the month of August, he blasted 18 home runs to match Rudy York of the 1937 Detroit Tigers. He finished the month with a season total of 51 homers, by far the best in baseball.

Miracle Win Season's Second Half Division Title

The Fort Myers Miracle baseball team won the Florida State League South Division second-half championship with a 42-25 record, finishing four games ahead of second-place Charlotte.

The Miracle began the post-season playoffs with a best-of-five series against Palm Beach Tuesday night at Hammond Stadium. Palm Beach won the division's first-half title. Games Two and Three of the series were played at Palm Beach. If Games Four and Five are necessary, they would be held back here at Hammond Stadium this weekend.*

Red Sox Ultimate Raffle

As part of its continuing community outreach efforts, the Red Sox Foundation will once again hold its Ultimate Red Sox Raffle.

This ultimate Red Sox fan experience includes a trip for four to Boston with four roundtrip airline tickets on JetBlue Airways, a two-night stay at the Hotel Commonwealth, tickets to two games at Fenway Park including seats on the Green Monster and a VIP Tour and dinner in the State Street Pavilion at Fenway Park. Only 100 raffle tickets will be sold at \$75 each

with all proceeds going to support the Lee County Red Sox Foundation's scholarship fund.

To purchase a raffle ticket, call 226-4783 or visit www.redsoxfoundation.org. The Lee County Red Sox Scholarship is in partnership with The Foundation for Lee County Public Schools, Inc. Each year, the Red Sox Foundation awards a \$5,000 college scholarship to one deserving student from each of the 13 public high schools in Lee County.

The Red Sox Foundation is a 501(c)(3) nonprofit organization and the official team charity of the Boston Red Sox. For more information, call 226-4783 or email jbpevents@redsox.com.*

SPORTS QUIZ

- Who was the first Japanese player selected for baseball's All-Star Game?
- In 2016, Max Kepler set a Minnesota Twins rookie record with seven RBIs in a game. Who had held the mark?
- Who was the first starter at quarterback for the Dallas Cowboys?
- Name the only Kentucky Wildcats men's basketball player to compile at least 1,500 points and 400 assists during his college career.
- When was the last time before 2017 that the Ottawa Senators advanced past the first round of the NHL playoffs?
- Austria's Marcel Hirscher tied a record in 2016 with his fourth giant slalom victory at Alta Badia in Italy. Who also holds the mark?
- Between the NCAA and Major League Soccer, how many championships has coach Bruce Arena won?

ANSWERS

1. Hideo Nomo of the Los Angeles Dodgers, in 1995. 2. Tony Oliva (1964), Oswaldo Arcia (2013) and Miguel Sano (2015). 3. Eddie LeBaron, in 1960. 4. Ed Davender, with 1,337 points and 436 assists (1984-88). 5. It was the 2013 NHL playoffs. 6. Alberto Tomba. 7. Ten (five at the University of Virginia, two with D.C. United and three with the LA Galaxy).

Miracle Players To Participate In Fall League

The Minnesota Twins have named three members of the active Fort Myers Miracle roster and one alum to their Arizona Fall League team.

Chris Paul, Tom Hackimer, Tyler Jay and alum Lamonte Wade will travel to Arizona to compete for the Surprise Saguaros. The league begins on October 10.

Paul was named a Florida State League Mid-Season All Star and has compiled a .332 batting average in 59 games. The infielder/outfielder missed about six weeks with a hamate bone

fracture that required surgery.

Hackimer has been lights out since being promoted from Cedar Rapids on May 27. The sidearmed right-hander has converted all six of his save opportunities while boasting a 2.04 ERA in 26 relief appearances. He has also surrendered just 19 hits in 35.1 innings while striking out 41.

Jay has missed most of the season due to injury, amassing just 7.2 innings as of Wednesday. The sixth overall pick of the 2015 draft will get an extended look at elevated competition in October.

Wade hit .318 in 32 games for the Miracle in 2016 driving in 24 and scoring 17 runs. His .285 average for Chattanooga over 400 at-bats this year has earned him a spot on the fall league club.*

Captiva Triathlon At South Seas This Weekend

Lee County will host the seventh annual Galloway Captiva Triathlon at South Seas Island Resort on Captiva Island on Saturday, September 9 and Sunday, September 10. The two-day event will feature competition for children and adult triathletes. A portion of the proceeds from race registrations will be donated to Community Cooperative and its Healthy School Pantry program.

An estimated 850 triathletes are expected to compete in this year's triathlon. The children's race will be held on Saturday. Ages 6 to 8 and ages 9 to

10 will attempt a 100-yard swim, 1.5-mile bike ride and half-mile run, with races beginning at 7:30 a.m. and 7:50 a.m. respectively. Ages 11 to 13 will compete in a 200-yard swim, three-mile bike ride and one-mile run, beginning at 8:15 a.m.

On Sunday, adults will take on a sprint-length event, starting at 7:15 a.m. The race will feature a quarter-mile swim in the Gulf of Mexico off the northern end of the resort, a 10-mile bike ride along the paved island roads of Captiva and a 5K-run along the Gulf of Mexico, Redfish Pass and the South Seas golf course on a combination hard-sand and paver course.

The Galloway Captiva Triathlon is a USA Triathlon sanctioned event, and is open to spectators. Captiva roads will be closed 6:45 to 8:45 a.m. each day for the race. To register for the event or for more information, visit www.captivatri.org.*

From page 6

Fort Myers Art

she has the street cred to pull off the part.

Will she make Lab Theater audiences forget Olivia Newton John? Maybe, or maybe not. But odds are that she'll make the role her own – and memorable. That's her pedigree and style.

The play dates and times for *Sordid Lives* are September 15, 16, 21, 22,

23, 28, 29 and 30 at 8 p.m. There are also 2 p.m. matinees on September 17, 24 and 30.

Tickets are \$23 for adults, \$20 for military personnel and seniors (age 65 and older), and \$10 for students. Call 218-0481 for ticket information.

*Tom Hall is both an amateur artist and aspiring novelist who writes art quest thrillers. He is in the final stages of completing his debut novel titled Art Detective. A former tax attorney, he lives in Estero with his fiancé and their four cats.**

Experts Willing To Help In Topics Of Education

Students and teachers across the nation are facing a variety of education issues during the new academic year, including reading and math development, standardized testing and behavioral issues in the K-12 classroom.

Experts from Florida State University are available to comment on the following topics:

Reading And Math Development – Sara Hart, associate professor in the department of psychology, has work related to understanding how and why people differ in their cognitive development as it relates to school achievement, particularly reading and math learning. Her ongoing multidisciplinary research efforts integrate theories from developmental psychology, cognitive psychology, education and behavioral genetics.

“Many children experience a summer slump in that they need a few months of schooling to get back to where they were at the end of the previous school year,” Hart said. “Parents can help them get back in the learning mode. Get reading with your child. Try to read with your child for at least 30 minutes per day. A huge part of reading with your child is interacting together with a book. Ask your child questions based on the text you are reading. Have your child make up their own ending to the book.”

Hart can be reached at sahart@fsu.edu or 850-644-4952.

Children With Autism – Jenny Root, assistant professor in the school of teacher education, uses applied behavior analysis in her research to design and evaluate instructional methods to teach academics to students with autism spectrum disorder (ASD) and intellectual disability. Part of this work is developing math curricula to teach problem solving using graphic organizers and technology.

“Students with autism spectrum disorder and intellectual disability have trouble with generalization,” she said. “This means they may not be able to apply knowledge in new situations or contexts. Teachers and parents can promote generalization by giving students a chance to practice skills with different people and in a variety of settings. Look for or create natural opportunities to practice new skills, such as adding prices of two items in a store, identifying shapes on the playground and reading a chart or graph in a magazine. Students are more likely to be able to remember and apply knowledge when they have been given numerous opportunities to practice with feedback.”

Dr. Root can be reached at jrroot@fsu.edu or 850-645-2542.

Children With Autism – Kelly Whalon, assistant professor in the school of teacher education, teaches courses in ASD, assessment and single

case research design. She conducts research investigating educational interventions for children with ASD with a focus on literacy/reading interventions.

“Children with autism spectrum disorder experience a number of strengths as well as challenges associated with learning,” she said. “The unique and varied learning profiles associated with ASD result in the need for at least some learning supports.”

Whalon can be reached at kwhalon@fsu.edu or 850-644-8416.

Charter Schools – Marytza Gawlik, assistant professor in the department of educational leadership and policy studies, draws from both organizational sociology and political economics in her research to investigate and assess the contributions made by policy and school reform initiatives.

“Charter schools are public schools that operate with enhanced levels of autonomy in exchange for accountability and are now a significant part of the American urban education landscape and a policy lever for creating equity and opportunity in underserved communities,” she said. “Since the inception of school choice, more than 40 state legislatures have adopted laws promoting the development of charter schools. These laws have resulted in more than 2 million students attending more than 6,000 charter schools throughout the nation.”

Gawlik can be reached at mgawlik@fsu.edu or 850-644-8164.

Girls In Stem – Lara Perez-Felkner, assistant professor of higher education and sociology, delves into the reasons why girls often choose to forego upper-level science and math courses in her most recent research. Her research uses developmental and sociological perspectives to examine how young people’s social contexts influence their college and career outcomes. She focuses on the mechanisms that influence whether girls will enter and stay in fields in which they have traditionally been underrepresented.

“Girls’ interest in math and science does not seem to dip until the beginning of secondary school,” said Perez-Felkner. “Some approaches to sustaining their interest through middle and high school include: science camps like SciGirls; recruiting girls to participate in upper-level science courses and programs like Science Olympiad; hands-on museum activities; science games and toys; pointing out positive images – real and fictional – of women scientists; and role model guest speakers from science professions not limited to health and biology.”

Perez-Felkner can be reached at lperezfelkner@fsu.edu or 850-645-8450.

Standardized Testing – Betsy Becker, professor and department chair of the department of educational psychology and learning systems, serves on the technical advisory committees for the Florida Standards Assessment and the National Assessment of Educational Progress (also known as the Nation’s

continued on page 24



Doug Mientkiewicz

photo courtesy Minnesota Twins

Miracle Manager And Player Become All-Stars

The Fort Myers Miracle Manager Doug Mientkiewicz and Outfielder Max Murphy have been named to the Florida State League 2017 Postseason All-Star Roster.

Mientkiewicz earned a Coach of the Year honor, one of three managers in the FSL to be named to the roster along with Manager of the Year Jay



Max Murphy photo by Linwood Ferguson

Bell of the Tampa Yankees and Dann Bilardello of the Palm Beach Cardinals.

“A lot of other coaches saw our guys get better over the course of the year,” Mientkiewicz explained when asked what the award means to him. “It’s more of a collaborative effort with the rest of the guys. You can’t do it without them, and it’s just nice to be recognized.”

After leading the Miracle to the FSL Championship in 2014, Mientkiewicz has led the 2017 squad to 45 home wins, tied for the most in franchise

continued on page 24

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Physician Gains Advocacy Award

Aaron Wohl, MD, FACEP, an emergency medicine physician with Lee Health, was awarded the Martin Gottlieb Advocacy Award at the Florida College of Emergency Physician (FCEP) annual meeting recently. Dr. Wohl is a member of the FCEP Board of Directors.

Over the last three years, Dr. Wohl has developed relationships with legislators and helped to craft legislation to reduce some of the morbidity and mortality associated with the opioid crisis. Such legislation allowed Dr. Wohl to spearhead a naloxone (opioid overdose antidote) distribution program from emergency departments and from Lee Health outpatient pharmacies for those patients suffering from opioid use disorder. This year, with other thought leaders in the state, he has been developing some best practices for our emergency departments to improve the care and health of our communities' opioid use disorder patients. This is in response to recently passed legislation directing hospitals to do more for this patient population.

"Dr. Wohl is an esteemed member of the FCEP Board of Directors," FCEP President Dr. Joel Stern said. "His insight and direction has helped him create many lasting relationships with legislators through his kind way of explaining the reality of what it is like to work in a very busy emergency department. Dr. Wohl is very deserving of this award for his dedication and advocacy work."

The Martin Gottlieb Advocacy Award is named in honor of Martin Gottlieb, who is one of the early pioneers of advocacy for emergency medicine and FCEP. Gottlieb attended all of FCEP's annual advocacy event – Emergency Medicine Days – where the organization visits legislators in Tallahassee to show support for the ever-changing field of emergency



Aaron Wohl photo provided

medicine, its patients and emergency physicians across the state of Florida.

"Dr. Wohl's passion for saving lives benefits our community, but the impact of his work against the opioid crisis is felt beyond the boundaries of Southwest Florida," explained Scott Nygaard, MD, Lee Health chief medical officer. "In addition to encouraging the medical community and patients to rethink how they manage pain, Dr. Wohl wrote new guidelines regulating opioid use in all Lee Health emergency departments. Though he desires no recognition, Dr. Wohl has stepped forward as a physician leader to take a stand and bring about change for the good of the community and every individual life that can be saved. Dr. Wohl exemplifies that patients come first in all of his work."

The FCEP is a 501(c)(6), statewide medical specialty organization representing more than 1,900 emergency physicians in Florida who see and care for nearly 8 million patients each year. FCEP is a state chapter of the American College of Emergency Physicians (ACEP), which has more than 33,000 members nationwide.✱

Safety Program For Alzheimer's

The Alvin A Dubin Alzheimer's Resource Center is offering a safety program for Alzheimer's caregivers in Lee County. The Dubin Alzheimer's Resource Center's Safety Program was created to provide caregivers with tools to implement an emergency plan to prevent crises. Each safety program packet includes two components: 1) an emergency plan kit; and 2) an identification bracelet application.

The safety program packet is provided at no charge to caregivers caring for a loved one with memory loss in their homes in Lee County. Each packet contains all the items necessary to participate in the safety program. Instructions to put the emergency plan in place are included with each packet and assistance is available from the Dubin Alzheimer's Resource Center.

The emergency plan kit is intended to help eliminate the possibility of a crisis situation if the caregiver of a loved one with Alzheimer's disease or a related disorder requires emergency care. The emergency workers who come to rescue the caregiver may not know a memory-impaired adult resides in the home and, therefore, may leave the person with Alzheimer's alone when they take the caregiver to the hospital.

The safety program symbol, included with the emergency plan kit, is designed to alert emergency workers that a memory-impaired person resides in the home. The symbol hangs on the front of the home's refrigerator. The corresponding packet of forms, which contain important emergency contacts and care instructions provided by the caregiver, is located inside the refrigerator. Once a trained emergency worker sees the symbol, he or she will automatically know to search for an Alzheimer's client in the house and, using the information in the refrigerator, take appropriate measures to see that

care for this person is provided. The Dubin Alzheimer's Resource Center caring staff works closely with local law enforcement and emergency workers throughout Lee County to help train them on how the safety program can assist them when they respond to an emergency involving the caregiver of an individual with memory loss.

The safety program also stresses the importance of having an identification bracelet for individuals with memory loss to wear at all times. Identification bracelets help local law enforcement identify individuals who are separated from their caregivers and are unable to find their way home or even tell someone where they live due to memory impairment. Each bracelet (or necklace) is engraved with the person's first name or nickname, a code number which matches their application number, the hyphenated word "memory-impaired" and the phone number for the Lee County Sheriff's Office. Both the Dubin Alzheimer's Resource Center and the Lee County Sheriff's Office maintain records of enrolled persons' application numbers and identifying information. Being able to look at a bracelet, make a phone call and escort the lost person to his/her home reduces the time memory-impaired persons are away from their homes and saves police departments valuable effort. A brochure with an application to obtain a bracelet is included in each safety program packet.

The Alvin A Dubin Alzheimer's Resource Center, a United Way agency, provides a variety of services including support groups, a quarterly newsletter, a lending library of books and resource materials, educational seminars and training programs for professionals as well as family caregivers.

The Dubin Alzheimer's Resource Center's office is located at 12468 Brantley Commons Court in Fort Myers. For more information about the safety program or to find out more about the services offered by the Dubin Alzheimer's Resource Center, call 437-3007.✱

Brain Booster Workshops

Lee Health's Wellness Center – Cape Coral is hosting Brain Booster workshops beginning on Monday, September 11. The workshops will be held once a month, on the second Monday of the month from noon to 1 p.m.

Brain Booster workshops help people of all ages learn more, retain information and maintain mental health. Using math and spelling activities and games, participants have fun and connect with others while working on their memory. Each month, the workshop is unique and different to challenge and engage participants.

In addition to the monthly program at the Wellness Center – Cape Coral, Sarah Mitchell, certified health &

wellness coach and health & wellness coordinator at the Lee Health Wellness Centers, will be offering the Brain Booster workshop in locations throughout the community. Upcoming dates, time and locations include:

September 27, October 31, November 7 and December 5, 10 a.m.; North Fort Myers Recreation Center, 2000 North Recreation Park Way, North Fort Myers

September 18, October 23, November 20 and December 18, 10 a.m.; Healthy Life Center at Coconut Point, 23190 Fashion Drive, Suite 105, Estero

Additionally, beginning on October 4 at 11:30 a.m., there will be a four-week series at the Wellness Center – Fort Myers at 3114 Cleveland Avenue.

For more information about any of the Brain Booster workshops, including additional upcoming dates, times and locations, call 424-3231.✱

FGCU To Hold International Reception

Florida Gulf Coast University (FGCU) invites the community to the 21st annual International Reception in the Cohen Center Ballroom on Friday, September 8 at 5:30 p.m. This popular FGCU event celebrates international education initiatives and recognizes international students, scholars, study abroad participants and faculty international engagement. Guests meet others from various cultures around the world and learn about FGCU's global learning opportunities.

"The international reception includes remarks from university and student leaders, informative presentations and cultural performances, with a sampling of foods and flags from our students' homelands," said International Services Coordinator Charlotte Bingham. "This is one of many

ways we create a more diverse university community and provide the environment for students to become global citizens. We encourage members of our community interested in international experiences to join us."

FGCU student participation in study abroad has grown, with the opportunity to complete part of the academic experience in places like South Africa, France, Italy, Scotland, China, Costa Rica and South Korea. Conversely, to date, FGCU has hosted students from more than 105 nations, and this year welcomes first international students from Cuba, Czech Republic and Myanmar. FGCU faculty also engages internationally, researching and teaching abroad through Fulbright programs, hosting academic exchange scholars and bringing global perspectives to classroom experiences.

The event is sponsored by FGCU International Services with support from Student Government.

For more information, contact Bingham at 590-7574 or cbingham@fgcu.edu.✱

Leadership And Clinical Summit Presenter

Thomas "TJ" Pennsy, MBA, RRT, system director of Lee Health Home Services, was a guest presenter at Remington's 13th annual Leadership & Clinical Summit in August. The 2.5-day event, held in Chicago, focused on Vision 20/20 Transformation and Growth Opportunities in Chronic Care Management. Hundreds of home health and hospice executives from across the U.S. attended the summit.

In his presentation, Home Care's Capabilities in Chronic Care Population Health, Pennsy shared how Lee Health is investing in home health capabilities as a cost-effective solution for its population health strategy.

As system director, Pennsy is responsible for the Home Health Services division that encompasses home health, telehealth, durable medical equipment, home infusion,



Thomas Pennsy photo provided

senior case management (senior care choices) and personal emergency response (lifeline) programs for the health system.*

Honors Program Expands Into Honors College

Florida Gulf Coast University's (FGCU) much-heralded honors program graduates this semester into a full-fledged college serving almost 900 high-achieving students.

The FGCU Honors College offers a challenging curriculum that affords top students opportunities to take honors courses in their major, conduct research, study abroad and access resources aimed at helping them excel and succeed.

"The Honors College encourages and supports students increasingly taking an active and creative role in their education, gaining skills and experiences that will transform their lives," said Honors College Director Clay Motley. "Honors students engage in research and creative activities, study abroad, create substantive service projects and become leaders. By the time they graduate, they have much more than good grades and a diploma; they are able to demonstrate that they are self-motivated scholars and leaders who make a difference in the world."

While FGCU has operated an honors program since 1998, it has grown substantially in recent years in both enrollment and resources, so that it is now ready to become its own entity.

"People often ask about the real difference between an honors program and an Honors College," said Undergraduate Studies Dean Dawn Kirby. "In addition to gaining increased visibility and resources, an Honors College is able to offer students more options for participating in a wider array of programs."

With input from existing honors students and the Honors Executive Board, and an understanding of national best practices, the Honors College is adding honors in the majors classes, increasing the ways in which students may experience honors courses, participating in helping to bring top-notch faculty to campus and working toward exciting options like study away/abroad courses, Kirby said.

An Honors College typically serves as a way to attract high-achieving students who are looking for a challenging curriculum with opportunities for national awards, scholarships and greater chances for study abroad and research.

"The Honors College will help us enrich students' academic experiences, community involvement and connections with faculty," Kirby said. "In short, the Honors College will serve as one of the signature elements of the learning environment here at FGCU."

For more information about the Honors College, visit www.fgcu.edu/honors or contact Motley at cmotley@fgcu.edu or 590-7440.*

Breast Cancer Awareness Event

The 3rd annual Partners Human Pink Ribbon will be held at Miromar Outlets on Saturday, October 7 from 9 to 11 a.m. to kick off National Breast Cancer Awareness Month. For a registration donation of \$20, participants will receive a full-size pink umbrella. For those who have participated in the past, the

donation is \$10 (bring your pink umbrella). Every participant will receive a Miromar Outlets savings booklet. Naples Flatbread & Wine Bar will be hosting a VIP breakfast for \$20. Partners for Breast Cancer Care will receive a portion of every breakfast served.

Visit www.pfbcc.org to register or call Janet at 454-8583. The event will be held rain or shine at the new venue. There will be a free UaStar photo booth and a car show presented by the Flashy Car Club.*

Acupuncture Physician Joins Group

Lee Physician Group has expanded the integrative medicine practice with Renee Sarra, AP, DOM, Florida licensed acupuncture physician, licensed therapeutic massage therapist and doctor of oriental medicine. Sarra joins Heather Auld, MD, integrative medicine physician, and Teresa Spano, naturopathic consultant, in the Lee Physician Group Integrative Medicine practice in Bonita Springs.

Sarra is recognized as a dual diplomate of acupuncture and Chinese herbology by the National Certification Commission for Acupuncture and Oriental Medicine (NCCAOM). She completed the advanced study program in Traditional Chinese Medicine in Chengdu TCM University of China and completed a residency at HealthSouth Rehabilitation Hospital in Sarasota as well as an internship at New College of Sarasota. Prior to earning her bachelor and master degrees from the East West College of Natural Medicine in Sarasota, Sarra earned a bachelor of arts from the University of South Florida in Tampa. She also attended Suncoast School of Massage where she earned her license in massage therapy.

"We are excited to expand the integrative medicine practice to include Renee Sarra," explained Dr. Auld. "Renee brings a unique blend of skills and services that address each patient's unique needs. As is the basis for care delivered in this practice, Renee treats the whole



Renee Sarra photo provided

patient—body, mind and spirit—not just symptoms."

There are a number of conditions that can benefit from Sarra's treatment, including headaches (tension, migraines); pain (lower back, neck, sciatica, etc.); herniated discs; weight loss; stress-related issues; vertigo/dizziness; carpal tunnel syndrome; gastrointestinal disorders; depression/anxiety; sleep disorders/insomnia; smoking cessation; and multiple sclerosis/autoimmune disorders.

"I am excited to join Lee Physician Group and the integrative medicine practice, and I look forward to bringing my mission of intentional listening, care and support to patients throughout Southwest Florida," Sarra said.*

Human Trafficking Awareness Partnership Grant

Human Trafficking Awareness Partnerships (HTAP) recently received a \$1,500 grant from the Fort Myers Rotary Club. The money will be used to purchase art supplies for 100 children in HTAP's Artreach programs in Lee County. The programs are held after school and in summer camps.

HTAP's Artreach programs reach youth between age 8 and age 18 throughout Southwest Florida. This past

summer, it conducted 12 programs which consisted of five two-hour sessions where children learn what human trafficking is and how to protect themselves. Students then create art that is exhibited so as to teach others. The paintings have been exhibited at art galleries, churches, banks and schools. Programs are being scheduled for the fall semester of school.

Nola Theiss, executive director of HTAP said, "Rotary Clubs have supported our work before, and we are very excited to have the Fort Myers club's support again. They understand the importance of educating our children about the dangers of human trafficking."

For more information, contact Theiss at info@humantraffickingawareness.org.*

Free Autism Screening

Golisano Children's Hospital of Southwest Florida, in partnership with Ronald McDonald House Charities of Southwest Florida, will offer a free monthly autism spectrum disorder screening for toddlers 18 months to age 5 on September 15 from 9:30 a.m. to 2 p.m. at the Family Health Center, 316 Del Prado Boulevard, in Cape Coral.

It is estimated that one in every 68 children is diagnosed with some form of autism spectrum disorder, making it more common than childhood cancer, juvenile

diabetes and pediatric AIDS combined.

Medical consultants for the project stress that an early diagnosis can make a vast difference for toddlers and their families. They say early intensive behavioral intervention can make an immense difference not just in the development of the child, but in their families as well.

The ASD screening is conducted by the Golisano Children's Hospital of Southwest Florida. The screenings are administered by an Advanced registered nurse practitioner, who has extensive training and experience in typical child development and developmental disorders.

A physician referral is not required. To schedule a screening, call 343-6838.*

dearPharmacist

Birthday Cake Is A Health Hazard



by Suzy Cohen, RPh

Dear Readers: We're programmed to blow the candles out on birthday cakes and then enjoy the dessert. How splendid! But you realize people are spitting on it, right?

For years I've ignored this one gruesome detail at birthday parties. If you're not the blower, you better wish for a strong immune system and a pack of probiotics.

For goodness sakes, it's gross but we overlook it don't we? Now there's a study published in the *Journal of Food Research*, which has discovered that blowing out birthday candles results in 1,400 percent more disgusting germs on the cake's frosting, than if you don't blow those candles out.

(I'll have a slice of birthday cake with a Z-Pak please.)

Studies only test regular candles, so don't get me started on those trick candles which turn your party into the pneumonic plague.

I can see you rolling your eyes from here, worried about how silly or anti-social you will appear for not bonding with the birthday boy and all that splattering spit on the communal cake. Maybe you can make an exception for your adorable toddler, or your spouse, but not for a stranger, yuck.

Here's my God's honest truth:

If I was at a restaurant and the waiter came over and blew on my food, I'd honestly get up and leave. I wouldn't even be nice about it. I'd leave a terrible Yelp review.

Are you with me on this? Are we germaphobes or just precautions, dare I say intelligent?

The older you are the worse the phlegm flying. Forget 8-year-old Johnny, consider 88-year-old Edith. By the time she's done blowing, you might have to pick her dentures out of the icing.

(Yes I'll take a slice if it's chocolate, hold the wisdom teeth.)

Okay, okay, I'm completely out of my

mind about this, but humor me just for a moment. You have about 650 different species in your mouth. Go just 24 hours without brushing, and 20 billion germs becomes 100 billion. Here's what's in there (and also on your cake):

Rhinovirus – Associated with the common cold

Herpes Simplex Type I – This one causes fever blisters, aka “cold sores”

Influenza – This is usually the bug behind the flu

Streptococcus – Many diseases including Strep Throat

Aggregatibacter

actinomycetemcomitans – A mouthful huh? It causes gum disease

Clostridium – A very dangerous germ causing severe diarrhea

The study was simple. Researchers spread cake frosting onto a Styrofoam base (to mimic cake) and then spread foil over the frosting. They pushed birthday candles through the foil, down into the Styrofoam ‘cake’ base.

Then the scientists rounded up people who were interested in eating pizza.

I am dead serious.

After consuming pizza (and probably beer but I can't confirm that yet), the

test participants blew out the lit candles. Since pizza is my second favorite food behind sushi, I would have gladly volunteered for this research, but no one bothered to ask me. Regardless, frosting samples plated to determine bacterial growth. The contamination level was nothing to celebrate.

Would you like more information as well as safer alternatives for birthday candles? If so, sign up for my newsletter at www.suzycohen.com, and I'll email the extended version of this article to you.

At the risk of sounding ridiculous, I'm going to email Betty Crocker now and ask them to formulate antibacterial cake frosting, and then pay me royalties. This will cut down on the obsessive thoughts of consuming all those germs at your next office birthday party.

Oy! This whole conversation reminds me of the old English proverb, “You can't have your cake and eat it too.”

This information is not intended to treat, cure or diagnose your condition. Suzy Cohen is the author of The 24-Hour Pharmacist and is a registered pharmacist. To contact her, visit www.SuzyCohen.com.✱

Doctor and Dietician

Prolotherapy For Chronic Pain

by Ross Hauser, MD
and Marion Hauser, MS, RD

Anyone who lives with chronic pain knows what it's like to wish they could get back to a happy and active lifestyle. When pain stands between the enjoyment of golf, dancing, running or the ability to play with children or grandchildren, all you want is relief. Interestingly, according to an article in the *British Medical Journal*, one-quarter to one-third of people do not seek out medical care for pain, because they expect the doctor to tell them to accept the pain as part of the

normal aging process. Living with chronic pain is not normal. It negatively impacts nearly every part of a person's life, as well as relationships with others. Patients with chronic pain from osteoarthritis or sports injuries should not give up and resort to a lifetime of pain medications or multiple surgeries.

Pain indicates degenerated tissue, most often ligament and tendon damage causing joint instability. Degenerated tissue needs regeneration. This is why regenerative injection treatments (prolotherapy) are a more effective way to eliminate chronic pain than using medications or steroid shots to mask it. When a joint is injured, including wear and tear, the ligaments become overstretched. Ligaments take a long time to heal, and often do not heal completely on their own. Unhealed ligaments make the joint unstable. The wobbly joint is prone to further injury and eventually osteoarthritis, as the body overgrows bone to try and stabilize the joint. Prolotherapy involves strategically injecting solutions into the degenerated tissue attachments, restarting the wound-healing cascade. The result is deposition of new collagen that shrinks as it matures. The shrinking collagen tightens the ligaments that were injected, making them stronger and more secure, thus stabilizing the unstable joint. Prolotherapy is very effective at repairing the majority of joint

injuries and relieving chronic joint pain.

This information is not intended to treat, cure or diagnose your condition. Caring Medical Regenerative Medicine Clinics has two locations: one in Oak

From page 21

Experts Help Education

Report Card), the only assessment that provides a national view of what students in the United States know and can do. She has published on psychometric issues in large-scale assessment as well as gender differences in test performance.

Becker can be reached at bbecker@fsu.edu or 850-645-2371.

Online Learning – Vanessa Dennen, professor in the department of educational psychology and learning systems, focuses on using social media in her research to support both formal and informal learning activities. She examines how people use social media to explore identity, form community and engage in knowledge activities. She can comment on related ethical, privacy and intellectual property issues. Recent studies have focused on the role that social media plays in a high school setting and how social media networks

Park, Illinois, and one in Fort Myers. It was established in 1991 by Ross Hauser, MD, and Marion Hauser, MS, RD. They can be reached at info@caringmedical.com.✱

can support professional development. Her forthcoming book, *Social Media for Active Learning*, helps educators at all levels learn how to use social media to effectively engage learners. She is the editor-in-chief of *The Internet in Higher Education*.

“Online learning tools, which include everyday social media networks and cloud-based collaboration tools, can be used to promote active engagement through a variety of knowledge activities,” Becker said. “When learners use these tools to interact with both people — peers and experts — and content in the online classroom, they begin to take ownership of the learning content. Online learners who are pushed to evaluate, synthesize, share, articulate, negotiate and reflect tend to become individuals who are then prepared to use the Internet's wide array of human and content-based resources to support ongoing professional development and lifelong learning.”

Becker can be reached at vdennen@admin.fsu.edu or 850-644-8783.✱

Chronic Disease Program

Lee Health's Lee Health Solutions, in partnership with many local community agencies and supported in part initially by a grant from the Southwest Florida Community Foundation, is offering It's All About You – a research based Chronic Disease Self-Management program developed by Dr. Kate Lorig of Stanford University.

The free workshop is 2.5 hours once a week for six weeks. The workshop will be offered on Tuesdays beginning September 19 from 9:30 a.m. to noon at the Lee County Public Library, 921 Southwest 39th Terrace, in Cape Coral.

The program is designed for people age 18 or older with chronic health conditions to help them learn ways to better manage their chronic conditions and the symptoms that often accompany chronic health conditions.

For more information or to register, call 343-9264.✱

From page 21

All-Stars

history with at least two more regular season games to play. The Miracle are close have clinched the South Division in the second half.

Murphy cranked out 92 hits in 78 games (.307/.390/.430/.820) with five home runs, three triples and 16 doubles. His 52 runs placed him in the top five in the FSL before his promotion to Double-A Chattanooga on July 8. He was also

named FSL player of the week for the final week of April when he went 11-for-21 (.534) in six games with a pair of home runs and seven runs scored.

“Max and Doug are two of many reasons why the Miracle are closing in on a potential playoff spot to end the season,” stated Executive Vice President and Chief Operating Officer Ben Hemmen. “Both have had great years with Max earning a promotion and Doug leading this team.”

For more information or questions regarding the 2017 25th anniversary season, call the Miracle offices at 768-4210.✱



Tropical Pan-Asian Calamari Salad

photo courtesy Fresh From Florida

**Tropical Pan-Asian Calamari Salad**

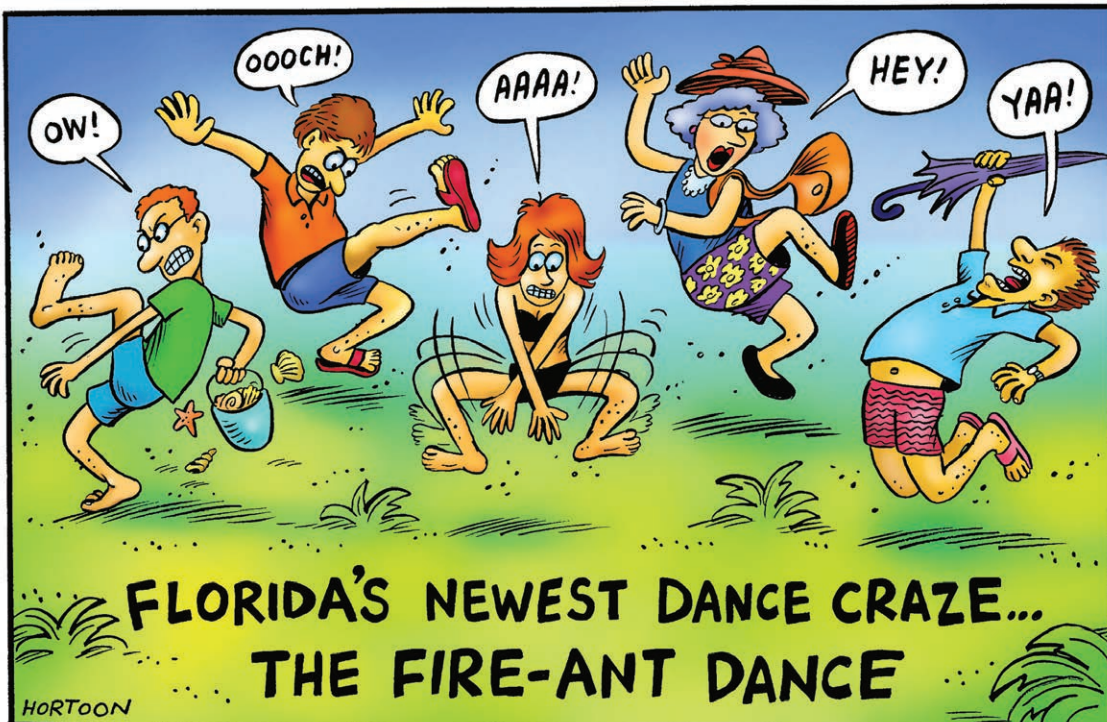
1½ pound calamari, cleaned
 2 tablespoons light or low-sodium soy sauce
 1 tablespoon rice wine vinegar
 2 tablespoons sesame oil
 1 clove garlic, minced
 1 teaspoon ginger root, freshly minced
 1 small red onion, halved lengthwise, then thinly sliced across (about 1 cup)
 1 red bell pepper, sliced paper-thin
 ¼ cup fresh cilantro, chopped
 1 teaspoon crushed red pepper flakes (optional)

2 cups seedless watermelon, cut into small pieces
 Salt and fresh ground pepper, to taste
 Clean and rinse calamari under cold running water, lightly pat dry with clean paper towels, cut tentacles and bodies into the same size, about 1/3 inch wide. Quickly cook calamari in a 5 to 6 quart pot of rapidly boiling salted water until opaque, about 30 to 40 seconds. Drain and immediately immerse in a bath of ice water to stop cooking. In a mixing bowl, whisk together soy sauce, rice wine vinegar, garlic, ginger, sesame oil and pepper (red and black). Let stand at room temperature for 5 minutes. Meanwhile, combine calamari, bell pepper, watermelon, and cilantro in a large bowl, toss with dressing, allow to marinate at least 15 minutes. Garnish with pepper curls and fresh cilantro.

Yields 6 servings

Look for "Fresh from Florida" ingredients at your grocery store.✱

HORTOONS



THE RIVER WEEKLY NEWS

FROM THE BEACHES TO DOWNTOWN FORT MYERS

Emergency	911
Lee County Sheriff's Office	477-1200
Florida Marine Patrol	332-6966
Florida Highway Patrol	278-7100
Poison Control	1-800-282-3171
HealthPark Medical Center	1-800-936-5321
Ft. Myers Chamber of Commerce	332-3624
Foundation for Quality Childcare	425-2685
Fort Myers Beach Chamber of Commerce	454-7500
Fort Myers Beach Library	463-9691
Lakes Regional Library	533-4000
Lee County Chamber of Commerce	931-0931
Post Office	1-800-275-8777
Visitor & Convention Bureau	338-3500

ARTS

Alliance for the Arts	939-2787
Arts For ACT Gallery & Studio	337-5050
Art League Of Fort Myers	275-3970
Barbara B. Mann Performing Arts Hall	481-4849
BIG ARTS	395-0900
Broadway Palm Dinner Theatre	278-4422
Cultural Park Theatre	772-5862
Edison Festival of Light	334-2999
Florida Repertory Theatre at the Arcade	332-4488
Florida West Arts	948-4427
Fort Myers Symphonic Mastersingers	288-2535
Gulf Coast Symphony	489-1800
Harmony Chorus, Charles Sutter, Pres	481-8059
Naples Philharmonic	239-597-1111
The Schoolhouse Theater	472-6862
SW Florida Symphony	418-0996
Theatre Conspiracy	936-3239
Young Artists Awards	574-9321

CLUBS & ORGANIZATIONS

Angel Flight	1-877-4AN-ANGEL
Animal Refuge Center	731-3535
American Business Women Association	357-6755
Audubon of SWFL	339-8046
Audubon Society	472-3156
Caloosahatchee Chapter DAR	482-1366
Caloosahatchee Folk Society	321-4620
Cape Coral Barbershop Chorus	1-855-425-3631
Cape Coral Stamp Club	542-9153
duPont Company Retirees	454-1083
Edison Porcelain Artists	415-2484
Embroiderers Guild of America - Sea Grape Chapter	239-267-1990
FM UDC Chapter 2614 - United Daughters of the Confederacy	728-3743
Friendship Force Of SW FL	561-9164
Garden Club of Cape Coral	239-257-2654
Horticulture and Tea Society	472-8334
Horticultural Society	472-6940
Lee County Genealogical Society	549-9625
Lee Trust for Historic Preservation	939-7278
NARFE (National Active & Retired Federal Employees	482-6713
Navy Seabees Veterans of America	731-1901
Paradise Iowa Club of SWFL	667-1354
Sons of Confederate Veterans	332-2408
Southwest Florida Fencing Academy	939-1338
Southwest Florida Music Association	561-2118
Kiwanis Fort Myers Beach	765-4254 or 454-8090
Kiwanis Fort Myers Edison	694-1056
Kiwanis Fort Myers South	691-1405
Gateway to the Islands	218-5768
Iona-McGregor	482-0869
Lions Club Fort Myers Beach	463-9738
Lions Club Fort Myers High Noon	466-4228
Lions Club Estero/South Fort Myers	898-1921
Notre Dame Club of Lee County	768-0417
Organ Transplant Recipients of SW Florida	247-3073
POLO Club of Lee County	477-4906
Rotary Club of Fort Myers	332-8158
Sanibel-Captiva Orchid Society	472-6940
United Way of Lee County	433-2000
United Way 211 Helpline (24 hour)	211 or 433-3900

AREA ATTRACTIONS

Bailey-Matthews National Shell Museum	395-2233
Burrough's Home	337-9505
Calusa Nature Center & Planetarium	275-3435
Edison & Ford Winter Estates	334-7419
Fort Myers Skate Park	321-7558
Imaginarium Hands-On Museum & Aquarium	321-7420
JN "Ding" Darling National Wildlife Refuge	472-1100
Koreshan State Historic Site	239-992-0311
Langford Kingston Home	239-334-2550
Ostego Bay Foundation Marine Science Center	765-8101
Skatium	321-7510
Southwest Florida Historical Society	939-4044
Southwest Florida Museum of History	321-7430
True Tours	945-0405

To be listed in calling card email your information to:
 press@riverweekly.com



"My boyfriend is a marine and he just got back from overseas — think I should this?"

answer on page 29

SCRAMBLERS

Unscramble the letters within each rectangle to form four ordinary words. Then rearrange the boxed letters to form the mystery word, which will complete the gag!

Bizarre
CARTIRE

Lessen
LUDITE

Pole
TISTL

Hinder
PRIMIA

TODAY'S WORD

	9	5		1				8
6					5	1	7	
		3	7	6		2		
	4				7		8	6
2		7		8		9		
3			4		1		2	
	6	1	8			7		
	3				4		1	9
8			1	5				2

SUDOKU

To play Sudoku:

Complete the grid so that every row, column and every 3x3 box contains the numbers 1 through 9 (the same number cannot appear more than once in a row, column or 3x3 box.) There is no guessing and no math involved, just logic.

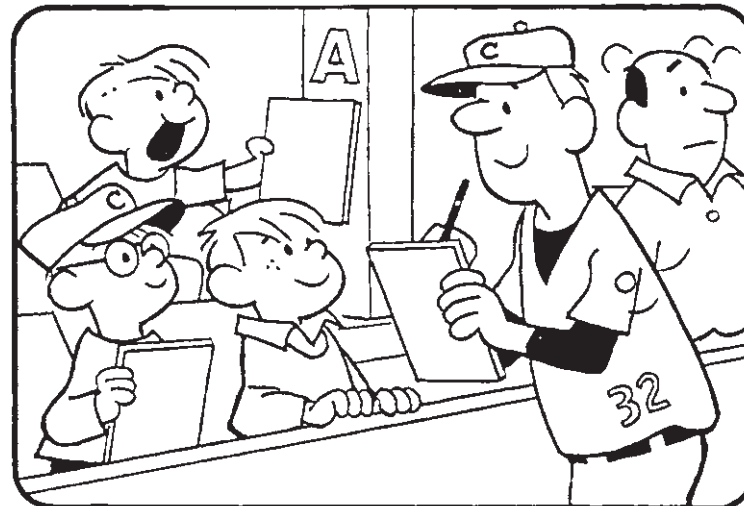
answer on page 29

HOCUS-FOCUS

BY
HENRY BOLTINOFF



FIND AT LEAST SIX DIFFERENCES BETWEEN PANELS



Differences: 1. Sign is missing. 2. Pen is missing. 3. Hand is moved. 4. Sleeve is shorter. 5. Number is different. 6. Hair is different.

Pet Preparation When Hurricane Approaches

There are many preparations to plan for when news of a hurricane has a potential to hit your area.

With Hurricane Irma potentially delivering a devastating storm in the Fort Myers area, now is time to activate those plans.

But some forget about preparing some of their most loved family members... their pets.

As the saying goes, "...prepare for the worst," and make sure your pets are included in those plans.

Leaving your pets behind to fend for themselves should not be in that plan. Instead, plan ahead and map out safe havens which accept pets. Research local shelter policies and contact your veterinarian for emergency facilities that do accept pets.

"Your pets' lives depend on your plan," said GCHS executive director Jennifer Galloway. "The more prepared you are, the better off you and your pets are."

Don't wait for a mandatory evacuation order. Some people who have waited were told to leave their pets behind.

If evacuation is required by authorities, plans of lodging outside the area need to be made. Research the surrounding areas for hotels, shelters or any other lodging – which can include friends and relative – in which an extended stay can happen with your pets.

Now that plans are made for lodging and shelter that accepts pets, have your emergency caretaker's number handy, in case you are not home. This trustworthy individual will have access to your home and knows the plan of taking care of your animals.

Always have an emergency kit made up for hurricanes, which can result in long periods of time without water or power. Your pets also need their own emergency kits, as well.

Extra water specifically for your animals is the number one and most important item in your pets' emergency kit. A week's worth of water for you, your family and pets is highly recommended.

"Do not let your pets drink from the standing flood water, because it's filled with toxins and pollutants," Galloway said. "Have fresh bottled water for your pets."

Wet food is also important, because canned items last longer and the moisture in the food will help extend your pets' water rations. Don't forget to have a can opener handy, as well.

Have an extra supply of your pets' medications in advance by talking to your vet and securing extra prescriptions in case of an extended evacuation. Extra cat litter and doggy bags will be needed to stay sanitary and lessen the chances of spreading diseases.

When arriving at a potential shelter, boarding your pet may be required. Having papers, proof of recent vaccinations, photos of your pet and proof of ownership, in a water-sealed container will eliminate much hassle in boarding a pet at a shelter.

Also have ID tags and vaccination tags on your pets' collar.

For more convenient mobility, always have a supply of leashes and pet carriers handy. These will be a big help in your pets' safety or prevent them from running into harmful conditions.

Finally, always have your pets' favorite toys and items that will help calm them down. Anything to take the stress off your pets during a frightening time can take stress off you.

Thinking ahead of the storm season is also a way to take pressure off when the wind starts whipping.

Having your pet microchipped is important, simply because your chances of being reunited with a lost pet goes up twofold if they can be scanned

and identified. Adding stickers to your windows allows rescuers know there are animals that live there.

Have your pets vaccinated well in advance, because in the aftermath of a hurricane, diseases are more prevalent due to the flooding that causes sanitary problems.

Not all pets are dogs or cats.








For birds, they should have a secure cage. A blanket over the cage may help reduce the stress of traveling. Also a spray bottle to moisten your bird's feathers in warm weather will be needed. Be sure to have plenty of liners for the cage and a perch for the bird to grasp.

Reptiles need secure housing. Snakes need a sturdy bowl that is large enough to soak in. It may be good to bring along a heating pad or other warming device.

Lizards can be transported like birds. Other small animals such as hamsters and mice can be transported in a secure carrier with bedding materials, food and food bowls. Remember to have an extra water bottle and a week's worth of bedding.

For more information and a detailed list of disaster preparedness go to www.asPCA.org.

It is hurricane season. Now is not the time to not think of your pets.✧

	FRIDAY Mostly Sunny High: 91 Low: 80		SATURDAY Mostly Sunny High: 91 Low: 80		SUNDAY Sunny High: 89 Low: 78		MONDAY Sunny High: 89 Low: 78		TUESDAY Few Showers High: 88 Low: 77		WEDNESDAY Few Showers High: 89 Low: 78		THURSDAY Partly Cloudy High: 90 Low: 79						
Redfish Pass Tides					Point Ybel Tides					Punta Rassa Tides					Cape Coral Bridge Tides				
<u>Day</u>	<u>High</u>	<u>Low</u>	<u>High</u>	<u>Low</u>	<u>Day</u>	<u>High</u>	<u>Low</u>	<u>High</u>	<u>Low</u>	<u>Day</u>	<u>High</u>	<u>Low</u>	<u>High</u>	<u>Low</u>	<u>Day</u>	<u>High</u>	<u>Low</u>	<u>High</u>	<u>Low</u>
Fri	2:52 am	8:38 am	3:17 pm	9:12 pm	Fri	1:57 am	8:40 am	2:22 pm	9:14 pm	Fri	3:31 am	9:42 am	3:50 pm	10:04 pm	Fri	5:02 am	11:54 am	5:27 pm	None
Sat	3:19 am	9:27 am	4:08 pm	9:42 pm	Sat	2:24 am	9:29 am	3:13 pm	9:44 pm	Sat	4:02 am	10:22 am	4:40 pm	10:34 pm	Sat	5:29 am	12:28 am	6:18 pm	12:43 pm
Sun	3:51 am	10:24 am	5:08 pm	10:13 pm	Sun	2:56 am	10:26 am	4:13 pm	10:15 pm	Sun	4:29 am	11:01 am	5:26 pm	11:02 pm	Sun	6:01 am	12:58 am	7:18 pm	1:40 pm
Mon	4:29 am	11:30 am	6:25 pm	10:47 pm	Mon	3:34 am	11:32 am	5:30 pm	10:49 pm	Mon	4:53 am	11:44 am	6:13 pm	11:29 pm	Mon	6:39 am	1:29 am	8:35 pm	2:46 pm
Tue	5:15 am	12:49 pm	8:13 pm	11:27 pm	Tue	4:20 am	12:51 pm	7:18 pm	11:29 pm	Tue	5:18 am	12:36 pm	7:04 pm	11:56 pm	Tue	7:25 am	2:03 am	10:23 pm	4:05 pm
Wed	6:14 am	2:17 pm	10:27 pm	None	Wed	5:19 am	2:19 pm	9:32 pm	None	Wed	5:51 am	1:43 pm	8:00 pm	None	Wed	8:24 am	2:43 am	None	5:33 pm
Thu	7:31 am	12:29 am	11:45 pm	3:40 pm	Thu	6:36 am	12:31 am	10:50 pm	3:42 pm	Thu	6:36 am	12:28 am	9:01 pm	2:54 pm	Thu	12:37 am	3:45 am	9:41 am	6:56 pm

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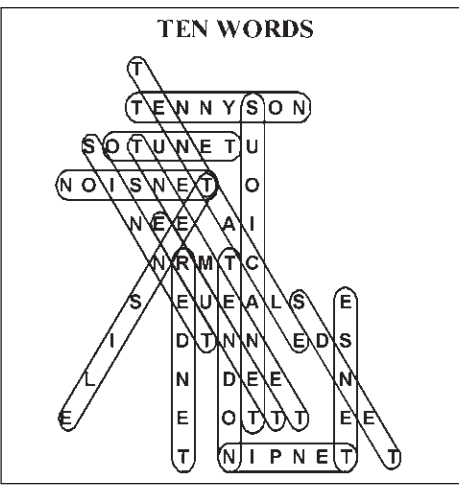
SUPER CROSSWORD

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KING CROSSWORD

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MAGIC MAZE



SUDOKU

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4	1	3	7	6	8	2	9	5
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2	5	7	3	8	6	9	4	1
3	8	6	4	9	1	5	2	7
9	6	1	8	3	2	7	5	4
5	3	2	6	7	4	8	1	9
8	7	4	1	5	9	6	3	2

My Stars★★★★

FOR WEEK OF SEPTEMBER 11, 2017

ARIES (March 21 to April 19) You might not like the sudden setback in your plans. But keep that headstrong Arian temperament in check and wait for explanations. Things will begin to clear up by week's end.

TAURUS (April 20 to May 20) Enjoy the respite from your recent hectic schedule, but be ready to plunge into a new round of social activities. A new contact holds much potential for the future.

GEMINI (May 21 to June 20) A trusted colleague has news that could change your perception of a current workplace situation. What had seemed unfair might prove to be highly favorable after all.

CANCER (June 21 to July 22) You still need to watch what you say and how you say it. What you assert as honesty, others might perceive as Crabbiness. Be patient. This difficult period clears up by the weekend.

LEO (July 23 to August 22) Your Royalness needs time away from the limelight to catch up on things, from tidying your desk to making those calls you've put off. You're back in the center of things by the weekend.

VIRGO (August 23 to September 22) Honesty is the best policy, of course. But you'll do better at achieving your goals if you can be less aggressive and more circumspect in how you phrase your comments.

LIBRA (September 23 to October 22) Your ability to maintain your balance in confusing situations continues to work for you. Stay on the steady course, one step at a time. The weekend shows improvement.

SCORPIO (October 23 to November 21) Your indecisiveness could simply be your keen Scorpion sense warning you to be wary of making a commitment. Take this time to do a more thorough investigation.

SAGITTARIUS (November 22 to December 21) Good news: New information comes your way to help you make a more informed decision on how to deal with the opportunity that has opened up for you.

CAPRICORN (December 22

to January 19) This is a good time to reinforce your self-confidence by acknowledging your good qualities to yourself. A lull in your social life ends by the weekend. Have fun.

AQUARIUS (January 20 to February 18) It's a good time to let those recently pent-up emotions flow more freely. Why not start by letting the people you care for know how you really feel about them?

PISCES (February 19 to March 20) Resist offers, no matter how well-intentioned, to help with a personal decision. Only you know what must be done, and you have the emotional strength to follow through.

BORN THIS WEEK: You have a talent for getting things done. You also have a gift for bringing people together in both personal and professional relationships.

THIS WEEK IN HISTORY

• On Sept. 13, 1814, Francis Scott Key pens a poem that is later set to music and in 1931 becomes America's national anthem, "The Star-Spangled Banner." The poem, originally titled "The Defence of Fort McHenry," was written after Key witnessed the Maryland fort being bombarded by the British during the War of 1812.

• On Sept. 15, 1858, the new Overland Mail Company sends out its first two stages, inaugurating government mail service to the western U.S. In 1857, Congress had authorized a \$600,000 yearly subsidy for whatever company could transport the mail twice a week from St. Louis to San Francisco in less than 25 days.

• On Sept. 16, 1943, James Alan McPherson, the first black man to win a Pulitzer Prize for fiction, is born in Savannah, Georgia. His Pulitzer-winning short story collection, "Elbow Room," was published in 1977.

• On Sept. 12, 1953, Sen. John Fitzgerald Kennedy of Massachusetts marries Jacqueline Lee Bouvier, a photographer for the Washington Times-Herald, in Rhode Island. Kennedy was elected the 35th president of the United States seven years later.

• On Sept. 14, 1964, writer John Steinbeck is presented the U.S. Medal of Freedom. His first novel, "Tortilla Flat,"

about the comic antics of several rootless drifters who share a house in California, was published in 1935.

• On Sept. 11, 1985, Cincinnati Reds player-manager Pete Rose gets the 4,192nd hit of his career, breaking Ty Cobb's major-league record. Rose retired in 1986, but remained in his position as manager until 1989, when he was banned from baseball for gambling on Reds games.

STRANGE BUT TRUE

• It was 17th-century French philosopher Rene Descartes who made the following sage observation: "If you would be a real seeker after truth, it is necessary that at least once in your life you doubt, as far as possible, all things."

• Does the sight of a bald eagle inspire you with patriotism? If so, you can thank John Adams and Thomas Jefferson, who overruled Benjamin Franklin when deciding on the national bird. Had Franklin had his way, we'd be looking to find national pride in the somewhat more humble turkey.

• When you think of large tire manufacturers, the companies that immediately spring to mind are probably Goodyear and Michelin. You might be surprised to learn, then, that the world's largest manufacturer of tires is actually Danish toy company The Lego Group. It's true; they produce more tires than any other manufacturer. (Just don't try to put them on your car.)

• The active ingredient in aspirin, acetylsalicylic acid, is derived from the bark of the willow tree.

• Those who study such things say that when buying beer at the grocery store, men tend to get six-packs, while women are more likely to stock up with 12-packs.

• In 2010, a man in Canada heard a strange sound coming from a dumpster in his neighborhood. When he looked in, he was shocked to find a newborn baby. He rescued the infant, of course, and took it to the authorities. It was only later that he found out that he was the baby's father.

THOUGHT FOR THE DAY

"Marriage is like college; as great as it is, it ain't for everybody." -- Ray Charles

SCRAMBLERS

solution

1. Erratic; 2. Dilute;
3. Stilt; 4. Impair

Today's Word

DILUTE

TRIVIA TEST

1. LITERATURE: How many lines are in a standard limerick?
2. GEOGRAPHY: Which South American nation controls Easter Island in the Pacific Ocean?
3. LANGUAGE: What is the Latin plural of the word opus?
4. MUSIC: What famous 20th-century bandleader died in an airplane crash?
5. GENERAL KNOWLEDGE: What is the appropriate gift for a 15th anniversary?
6. MONEY: Whose picture is on a U.S. \$10,000 bill?
7. RELIGION: What is the longest chapter in the Bible?
8. HISTORY: When was the Encyclopaedia Britannica first published?
9. ANIMAL KINGDOM: Which animal has the longest gestation period?
10. FOOD & DRINK: What French sauce served with grilled meat uses tarragon as a key ingredient?

TRIVIA ANSWERS

1. Five 2. Chile 3. Opera 4. Glenn Miller 5. Crystal 6. Salmon P. Chase, treasury secretary 1861-1864 7. Psalm 119 8. 1768-71 9. Elephant, at 95 weeks 10. Bearnaise sauce

★ ★ ★ CLASSIFIED ★ CLASSIFIED ★ ★ ★

REAL ESTATE

FOR SALE IN SANIBEL VIEW

Spacious Condo, 2 BR, 2 BA + Den for sale in Sanibel View, an excellent gated community in Fort Myers just minutes to the Sanibel Causeway. Known for its beautiful setting adjacent to the San Carlos Bay-Bunche Beach Preserve, resort-style amenities and high quality construction, Sanibel View is truly a special property with amazing value. This condo features numerous updates, impact windows, 2-car garage, elevator and much more! Asking price \$325,000. For more information, please call 859-753-8589.

9/1 ★ 9/8

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★RS 4/29 CC TFN

COMMERCIAL RENTAL

WONDERFUL RENTAL IN POPULAR LOCATION ON SANIBEL



2 Rooms, Bathroom, Approx. 1,000 sq. feet. This was Molnar Electric's old office. Call Judy at 239-851-4073.

★RS 8/5 CC TFN

COMMERCIAL RENTAL

PRIME OFFICE SPACE

700 square feet at 1619 Periwinkle Way. Immediate Occupancy. Call Joe Gil 516-972-2883 or 800-592-0009.

★RS 4/7 CC TFN

FOR LEASE - CAPTIVA

Commercial Space. Avail Oct 1, 2017 950 sqft (approx.) Parking & Excellent Signage-On Captiva Drive Zoned Gen. Commercial Serious Inquiries Only Captivacommercialforrent@gmail.com or fax 239-437-7516.

7/28 ★ 9/15

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★RS 1/4 BM TFN

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★RS 1/4 CC TFN

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★RS 1/23 BM TFN

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9/8 ★ 9/8

ANNUAL RENTAL

ANNUAL RENTAL

SANIBEL
Updated 2BR / 1 1/2 BA duplex, 2 story, tile and carpet. UF. Most utilities included. \$2,000/mo.

FT. MYERS

Property in Gated Community Close to Sanibel. 2BD/2BA UF. Condo. \$1,350/mo.

IONA

Minutes to Sanibel, from this gated Riverfront Community in Iona. 3BR/2 1/2 baths, fully furnished, two story, w/2 car garage, tennis and 2 pools, + marina, for dockage or boat storage. Call for further info. and to view. \$2,100/mo.

Call to View!



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The Island Experience!

8/11 ★ TFN

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★RS 1/25 BM TFN

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5/26 ★ TFN

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★RS 6/7 CC TFN

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I have over 20 years window cleaning experience. My deep cleaning and polishing system is better than any other. Many other services offered Call Jeff @ 239-791-9273

5/26 ★ TFN

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Captiva Island 472-5800

★RS 1/4 NC TFN

HELP WANTED

TARPON BAY EXPLORERS FEE BOOTH PROFESSIONAL

Join the Tarpon Bay Explorers team! Part & Full time Fee Booth Professional needed. Looking for polite and responsible individuals who possess good customer service skills to tend the entrance of Wildlife Drive within the JN Ding Darling National Wildlife Refuge. Fee Booth Professionals sell entrance fee tickets and passes to refuge visitors. If interested, call Wendy or Adam @ 239-472-8900 and send resume to sauerlac@gmail.com.

9/8 ★ 9/15

BABY SITTER/ HOUSE MANAGER

AFTER SCHOOL BABY SITTER/HOUSE MANAGER NEEDED. MUST HAVE TRANSPORTATION

Twin 6th graders, east end location. Seeking mature, responsible person who is organized, can plan and schedule, and most importantly is kind but firm with the girls. Responsibilities include: school pick up, transportation to activities, keeping schedules organized, basic house maintenance and meal prep. Please contact me at (917) 701-5086

8/25 ★ 9/8

JERRY'S FOODS SERVERS & BARISTAS

Part Time Evening And Weekend Front End Associates Needed. Looking for energetic, personable, and fun individuals, with open availability Monday through Sunday. If interested call and ask for John, Norm Sarah 472-9300. 1700 Periwinkle Way

★NS 5/6 BM TFN

LEGAL NOTICE

FICTITIOUS NAME

NOTICE IS HEREBY GIVEN that the undersigned, desiring to engage in business under The fictitious name of MTB Associates, located in Lee County, Florida, with an address of 1555 Sand Castle Road, Sanibel, Florida 33957 has registered said name with The Division of Corporations of the Department of State, Tallahassee, Florida. Dated the 15th Day of August 2017. Michael J. Baldwin

9/8 ★ 9/8

PSA

PUBLIC SERVICE ANNOUNCEMENT

Narconon reminds families that an intervention can be the difference between life and death. Interventions are powerful tools that can be used when an addict refuses to get help or seek treatment. To learn more about how to conduct an intervention for your loved one and save their life go to <http://www.narconon-suncoast.org/blog/the-power-of-an-intervention.html> ADDICTION SCREENINGS Narconon can help you take steps to overcome addiction in your family. Call today for free screenings or referrals. 877-841-5509.

8/25 ★ TFN

To advertise
in the
Island Sun
and/or
The River
Weekly News
Call 395-1213

Shore Fishing:



Don't Harm The Fish

by Capt. Matt Mitchell

Landng a big fish from the beach can be hard on the fish. Dragging a fish up onto the sand if you're going to release it is not an option as it usually damages or kills the fish. • Hold the fish in the water while you unhook it if you're going to

release it.

• The less you can touch a fish before release the better for the fish.

• If you want a picture with the fish, support it as you lift it out of the water – and do it quickly.

• Before releasing, revive the fish while holding it in the water; moving it slowly back and forth so water goes over its gills. The fish will let you know when it's ready to swim off.

• Florida just recently changed the regulations on fishing from shore. Florida residents as well as out of state visitors need a fishing license to fish from shore.

PETS OF THE WEEK

PAWS Of Sanibel
Emmy



Emmy photo provided

PAWS of the Islands has a beautiful kitty that was picked up on August 23 in the Santiva neighborhood behind the Lazy Flamingo at Blind Pass, in the vicinity of Harbor Lane. She has been in the area for at least a couple of weeks. She has now been spayed, given the necessary immunizations, combo test, worming, etc. She is approximately one year old with a petite black coat and lovely green eyes. If you know who she may belong to, contact Pam at PAWS at 472-4823 as soon as possible. If her family is not located within a couple of weeks, she will be available for adoption.✱

Haven on Earth Animal League
Cassidy And Leo

Hi there! My name is Cassidy. I am a very pretty girl with a beautiful shiny black coat and a very fluffy tail. My big eyes are just begging someone to adopt me and take me home. I'm one year old, spayed and up-to-date on all vaccines. I'm currently residing with a foster family. My adoption fee is \$100. Hello, my name is Leo. I am a very loveable grey tabby boy with a very sweet personality. I have a big, fluffy Maine Coon



Cassidy photos provided



Leo tail. I'm 1 year old, neutered and up-to-date on all vaccines. My adoption fee is \$100. I am currently residing at Petco at Gulf Coast Town Center. Please adopt me so I can have a home of my own. We are being cared for by Haven on Earth Animal League. For more information, call Diane at 860-833-4472 or email havenonearthanimalleague@yahoo.com.✱

Lee County Domestic Animal Services
Sadie And Randy
Hello, I am Sadie. I am a 10-year-old female hound mix who has been lost about seven times in the past seven years. I could be the poster



Sadie ID#369323 photos provided



Randy ID# 709148 dog for lost and found pets. So here I am now, living in an animal shelter. The folks here think I'm in spectacular shape with lots of energy and playfulness. I'm like fine wine that has become refined with age – smooth and mellow. I love playing with other gentle dogs and would make a wonderful addition to your family. My adoption fee is \$25. Hi, I'm Randy. I am a seven-year-old male domestic shorthair who is a super-chill senior looking for a home to live out my golden years. I even come with a feline friend of your choice at no additional charge. I have the manners one would expect from a man of my age. Stop by and see if I will fit into your home. My adoption fee is \$25. For information about this week's pets, call 533-7387 (LEE-PETS) or log on to Animal Services' website at www.LeeLostPets.com. When calling, refer to the animal's ID number. The website updates every hour so you will be able to see if these or any other pets are still available.

The shelter is open for adoptions from 10:30 a.m. to 3:30 p.m. Monday through Saturday. The shelter is located at 5600 Banner Drive in Fort Myers, next to the Lee County Sheriff's Office off Six Mile Cypress Parkway. All adoptions include spay/neuter surgery, age-appropriate vaccinations, rabies vaccination and county license if three months or older, flea treatment, worming, heartworm test for dogs six months and over, feline AIDS and leukemia test for cats, training DVD, 10-day health guarantee, and a bag of Science Diet pet food. The adoption package is valued at \$500.✱

Animal Services
Offers Discounted
Pet Adoptions

Say farewell to summer and fall in love with your new best friend. Lee County Domestic Animal Services is offering potential adopters the chance to adopt a dog 5 months or older or a cat or kitten of any age for just \$30 throughout September. Although fees are reduced, the adoption package still includes spay or neuter surgery, age-appropriate vaccinations, flea treatment, feline aids and leukemia test for cats, heartworm test for dogs 6 months and older, Lee County license for pets 3 months or older, microchip ID and a 10-day health guarantee. The adoption package is valued at more than \$500. During the Fall in Love adoption promotion, potential adopters may meet animals and discover the many benefits of having a pet: happiness, companionship, improved physical and emotional health and unconditional love. Adoption hours are 10:30 a.m. to 3:30 p.m. Monday through Saturday at Animal Services, 5600 Banner Drive, located off Six Mile Cypress Parkway next to the Lee County Sheriff's Office. For more information about Fall in Love, call 533-7387 (LEE-PETS) or visit www.LeeLostPets.com.✱

Top 10 Real Estate Sales

Subdivision	City	Year Built	Square Footage	Listing Price	Selling Price	Days On Market
South Seas Plantation Resort	Captiva	2003	3,463	\$4,695,000	\$4,300,000	0
Metes And Bounds	Captiva	1975	5,598	\$3,998,000	\$3,200,000	601
Metes And Bounds	Sanibel	2013	4,025	\$2,195,000	\$2,000,000	113
Southport On The Bay	Bonita Springs	1999	4,555	\$2,099,000	\$1,900,000	249
Winklers Subdivision	Fort Myers Beach	1926	2,558	\$1,980,000	\$1,675,000	103
Cape Coral	Cape Coral	2016	4,062	\$1,899,000	\$1,790,000	23
Riverbrooke	Estero	2016	4,633	\$1,750,500	\$1,750,000	0
Grand Ole Man	Fort Myers Beach	1977	2,328	\$1,435,000	\$1,395,000	5
Sanctuary	Bonita Springs	1993	4,211	\$1,425,000	\$1,362,500	45
Island Harbors	Matlacha	2000	3,263	\$1,295,500	\$1,030,000	78



THANK YOU!
Sept 9th marks our 1 year anniversary at our new Sanibel location! We want to thank everyone for their continued support!

“For the sun-kissed & sun-desirous alike, a vacation on a plate.”

The New York Times Magazine



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Sanibel Island

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